



**TOS  
expert  
center**

Joep Teijink, vaat-/TOS-chirurg

## 'Eerste rib resectie' controversieel

- Diagnose
  - Heterogene klinische presentatie
  - Lage sens./spec. (PPV/NPV) 'tests'
  - Overlap met andere aandoeningen
- Behandeling
  - Diverse technieken en benaderingen
  - Tegenstrijdige resultaten, ernstige complicaties
  - Geen duidelijke, uniforme uitkomst parameters
- Evidence
  - Geen level 1 bewijs (kleine, retrospectieve, single center studies)
  - Geen duidelijke, uniforme uitkomst parameters

**One of the most controversial clinical entities in medicine.**



2010; 2014

# 'Eerste rib resectie' controversieel

## ■ Dale WA 1982

- TOD associated Brachial Plexus injury of up to 30%
- Recurrence rates of up to 26%
- Mortality

*"the lack of familiarity with the complex anomalies lead to a definite incidence of poor surgical results"*

Arch Surg. 1982 Nov;117(11):1437-45.

### **Thoracic outlet compression syndrome. Critique in 1982.**

Dale WA.

#### **Abstract**

Experienced surgeons recommend different approaches and operations for thoracic outlet compression syndrome. I reviewed my recent 76-patients series (55% had excellent results; 35%, good; and 9%, failure), series reported by others, and the results of a national survey of complications of the transaxillary first-rib resection reporting 273 partial or complete postoperatively brachial plexus injuries, 52 of which failed to recover completely. The difficulties with diagnosis, variability of results, and the potential of serious neurologic sequelae suggest reevaluation of indications and techniques of surgical therapy. Operation should be reserved as a last resort. Modern results with scalenectomy (not simple division of the muscle) suggest its use with reservation of first-rib resection for failures.



## ‘Eerste rib resectie’ controversieel

### ‘Vroeger’

- “Bijna iedereen deed dat wel eens”
- “Hoe was het ook alweer?”
- “S###, de tweede rib eruit gehaald!”

### Ook in 2022

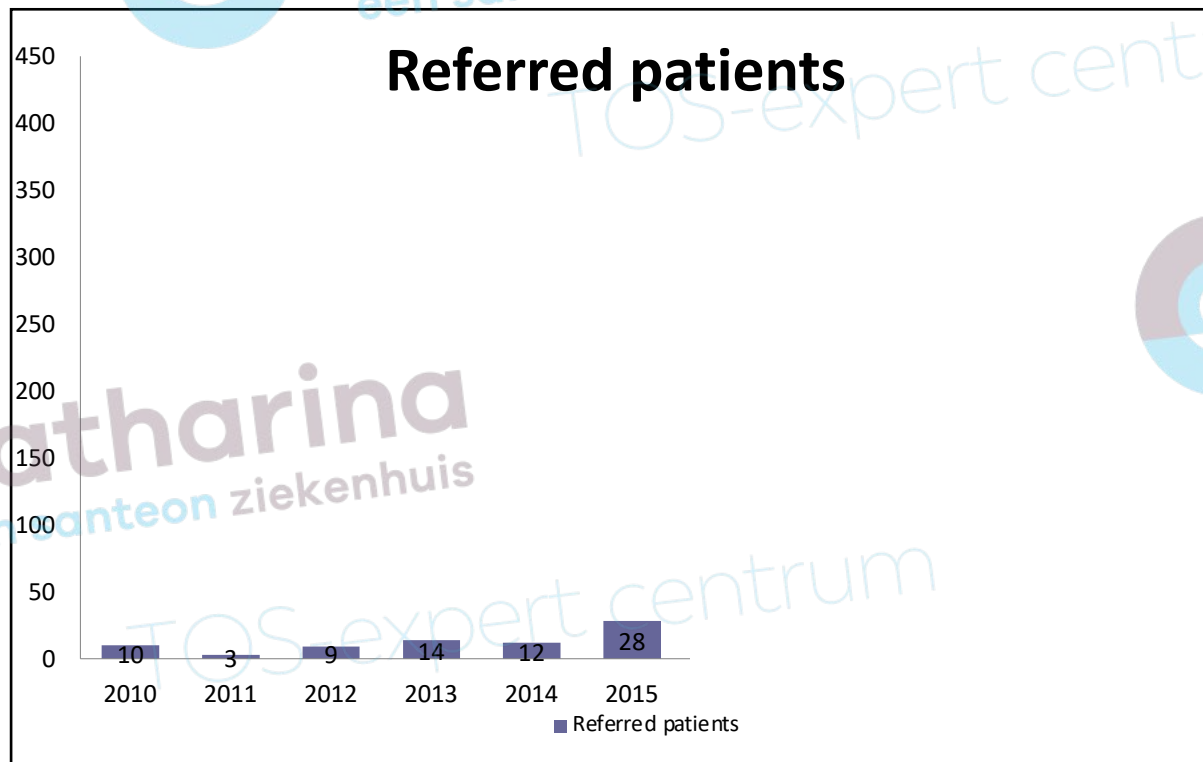
- Volume laag (<10 per chirurg)
- Extreem veel variatie in anatomie
  - verdwalen, durven niet meer verder, “zo is het goed, kijk, de zenuw ligt vrij”, “eerst de 2e rib verwijderen, meer zicht”.
- Lastig aan te leren / superviseren (key hole surgery) / leercurve
- Nog steeds: thoracotomieën, weken IC opname, plexusletsels....
- Maar vooral, incomplete resecties



## Ontstaan – groei TOS centrum CZE



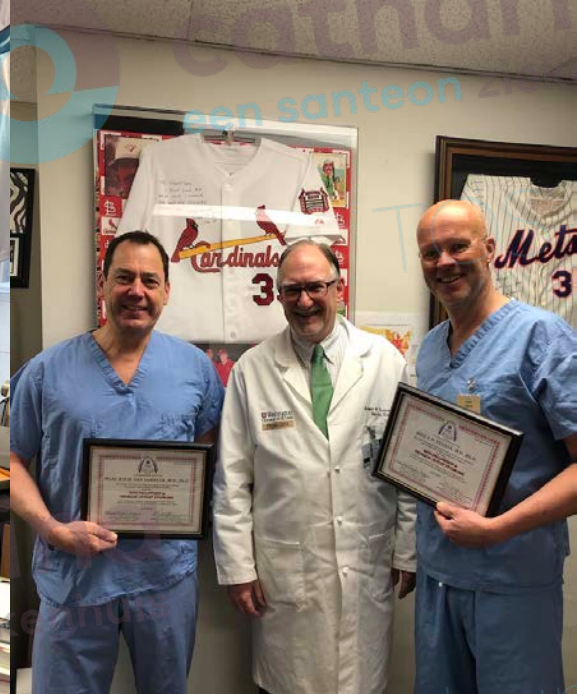
## Ontstaan – groei TOS centrum CZE



# Ontstaan – groei TOS centrum CZE

## oefenen Anatomie-Erasmus MC





## Surgical Techniques: Operative Decompression Using the Supraclavicular Approach for Neurogenic Thoracic Outlet Syndrome

Robert W. Thompson and J. Westley Ohman

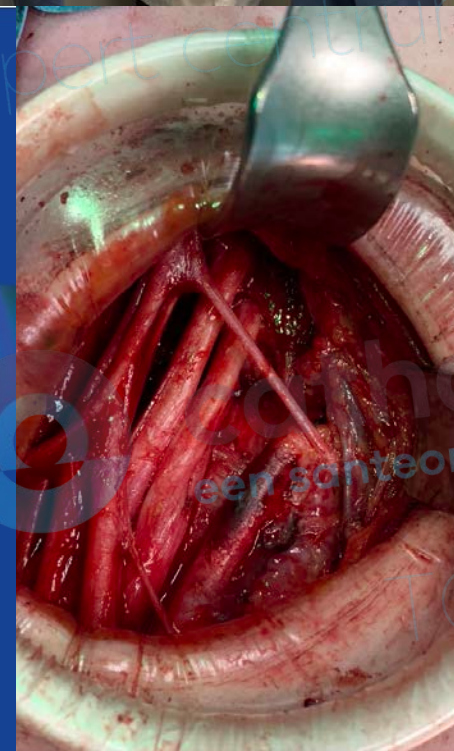
## Point/Counterpoint: Supraclavicular Decompression Is the Best Approach for Neurogenic Thoracic Outlet Syndrome

Francis J. Caputo and Robert W. Thompson

## Thoracic Outlet Syndrome

Karl A. Illig  
Robert W. Thompson  
Julie Ann Freischlag  
Dean M. Donahue  
Sheldon E. Jordan  
Ying Wei Lum  
Hugh A. Gelabert  
Editors

Second Edition  
Springer





## Surgical Techniques: Operative Decompression Using the Transaxillary Approach for NTOS

**Controversies in NTOS:  
Transaxillary or Supraclavicular  
First Rib Resection in NTOS?  
Arguments Pro and Con  
the Transaxillary Approach  
in Favor of Transaxillary First Rib  
Resection**

## Thoracic Outlet Syndrome

Karl A. Illig  
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Julie Ann Freischlag  
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Sheldon E. Jordan  
Ying Wei Lum  
Hugh A. Gelabert  
*Editors*

Second Edition  
Springer





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2016

## Reporting standards of the Society for Vascular Surgery for thoracic outlet syndrome

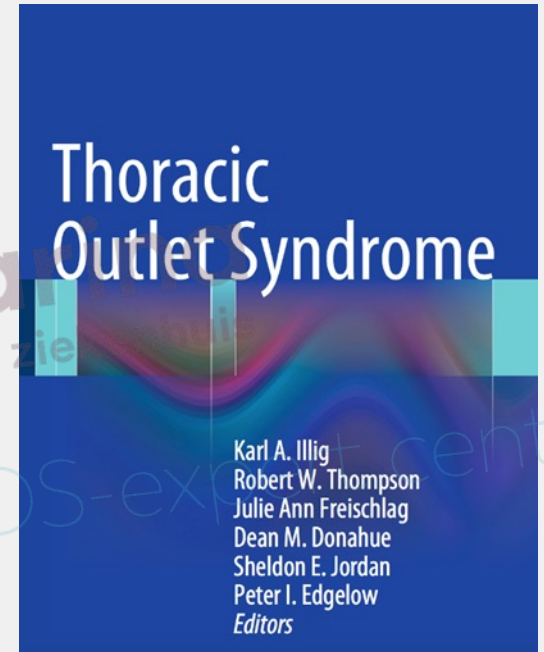
Karl A. Illig, MD,<sup>a</sup> Dean Donahue, MD,<sup>b</sup> Audra Duncan, MD,<sup>c</sup> Julie Freischlag, MD,<sup>d</sup> Hugh Gelabert, MD,<sup>e</sup> Kaj Johansen, MD,<sup>f</sup> Sheldon Jordan, MD,<sup>g</sup> Richard Sanders, MD,<sup>h</sup> and Robert Thompson, MD,<sup>i</sup> Tampa, Fla; Boston, Mass; London, Ontario, Canada; Sacramento and Los Angeles, Calif; Seattle, Wash; Aurora, Colo; and St. Louis, Mo

*“to produce consistency in diagnosis, description of treatment and assesment of results to allow for more valuable data to be reported ”*

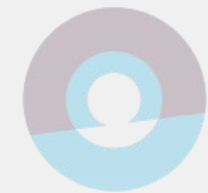
Reporting standards of the Society for Vascular Surgery for thoracic outlet syndrome. Illig KA, Donahue D, Duncan A, Freischlag J, Gelabert H, Johansen K, Jordan S, Sanders R, Thompson R. J Vasc Surg. 2016 Sep;64(3):e23-35. doi: 10.1016/j.jvs.2016.04.039. PMID: 27565607 **Free article.** Review.



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2013



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PubMed.gov



# Multidisciplinair probleem

Intake, coördinatie zorgpad: VS / PA

- 2x Neuroloog
- 3x Fysiotherapeut
- 2x Vaat/TOS-chirurg

Aanvullende diagnostiek

- Proefblokkade: 5 anesthesisten pijnpoli
  - Orthopeed
  - Radiologen
  - Vaatlab.
  - KNF
- 2,5 dagdelen poli per week
- 1x per week MDO

Miscellaneous

Eur J Vasc Endovasc Surg (2021) 61, 1017–1024

## Feasibility and Outcomes of a Multidisciplinary Care Pathway for Neurogenic Thoracic Outlet Syndrome: A Prospective Observational Cohort Study

Niels Pesser <sup>a,f</sup>, Jens Goeteyn <sup>a,f</sup>, Lieke van der Sanden <sup>a</sup>, Saskia Houterman <sup>b</sup>, Nens van Alfen <sup>c</sup>, Marc R.H.M. van Sambeek <sup>a,d</sup>, Bart F.L. van Nuenen <sup>e</sup>, Joep A.W. Teijink <sup>a,f,\*</sup>

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<sup>c</sup> Department of Neurology, Donders Institute for Brain, Cognition and Behaviour, Radboudumc, Nijmegen, the Netherlands

<sup>d</sup> Department of Biomedical Technology, University of Technology Eindhoven, Eindhoven, the Netherlands

<sup>e</sup> Department of Neurology, Catharina Hospital, Eindhoven, the Netherlands

<sup>f</sup> CAPHRI School for Public Health and Primary Care, Faculty of Health, Medicine and Life Sciences, Maastricht University, the Netherlands

### WHAT THIS PAPER ADDS

This is the first single centre prospective cohort study to describe the implementation of a multidisciplinary diagnostic care pathway for patients with neurogenic thoracic outlet syndrome (NTOS), and evaluates diagnostic and treatment outcomes of patients with NTOS within the scope of the North American Society for Vascular Surgery reporting standards for NTOS. The results suggest a prominent role for multidisciplinary care pathways in NTOS diagnostics, underline the role of dedicated physiotherapy as the primary treatment, and show good to excellent short term treatment outcomes in the majority of the surgically treated NTOS patients following previous unsuccessful physiotherapy. The objective outcome measures of surgically treated patients allow for reliable comparison with future cohort studies.

Eur J Vasc Endovasc Surg (2021) 61, 1025



### INVITED COMMENTARY

## A Multidisciplinary Approach to Neurogenic Thoracic Outlet Syndrome: Sinking Deeper or Stepping Out of a Chaotic Quagmire Onto Terra Firma?

Prem C. Gupta <sup>\*</sup>, Gnaneswar Atturu

Department of Vascular & Endovascular Surgery, Care Hospitals, Hyderabad, India

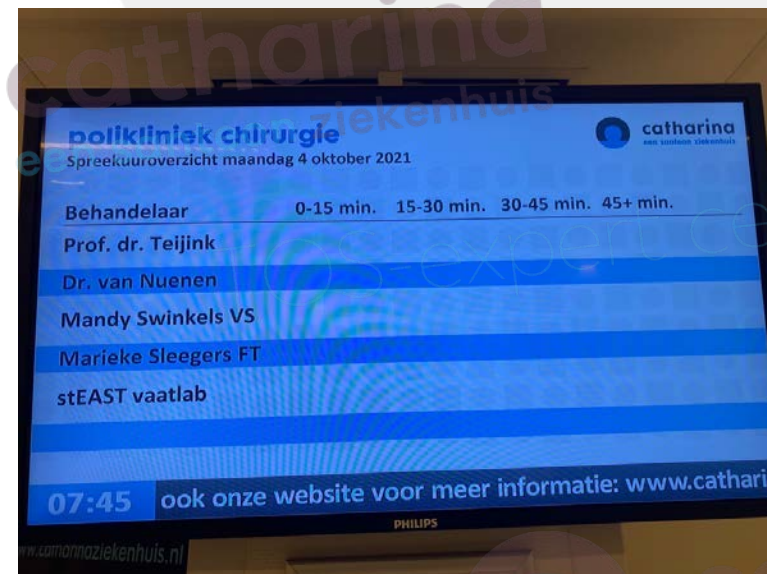
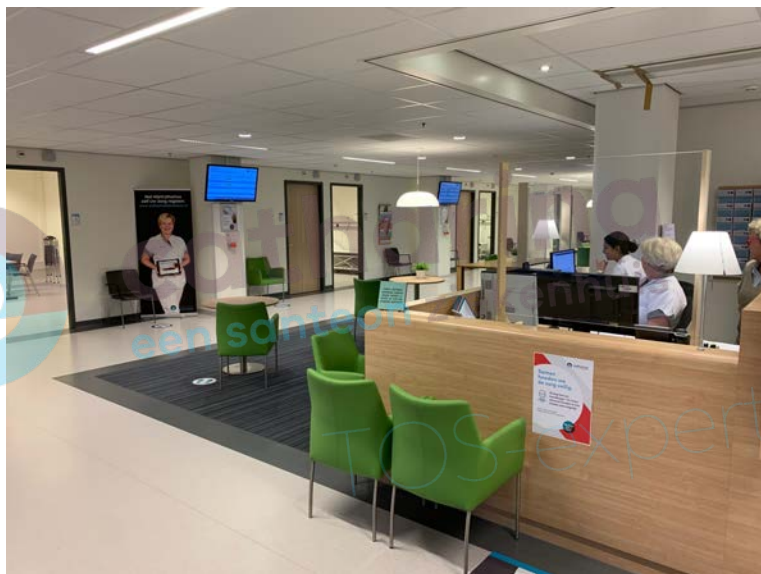
Niels Pesser *et al.*<sup>1</sup> must be complimented for analysing outcomes of neurogenic thoracic outlet syndrome (NTOS) using a multidisciplinary approach for diagnosis and offering the appropriate therapy to patients. One of the challenges

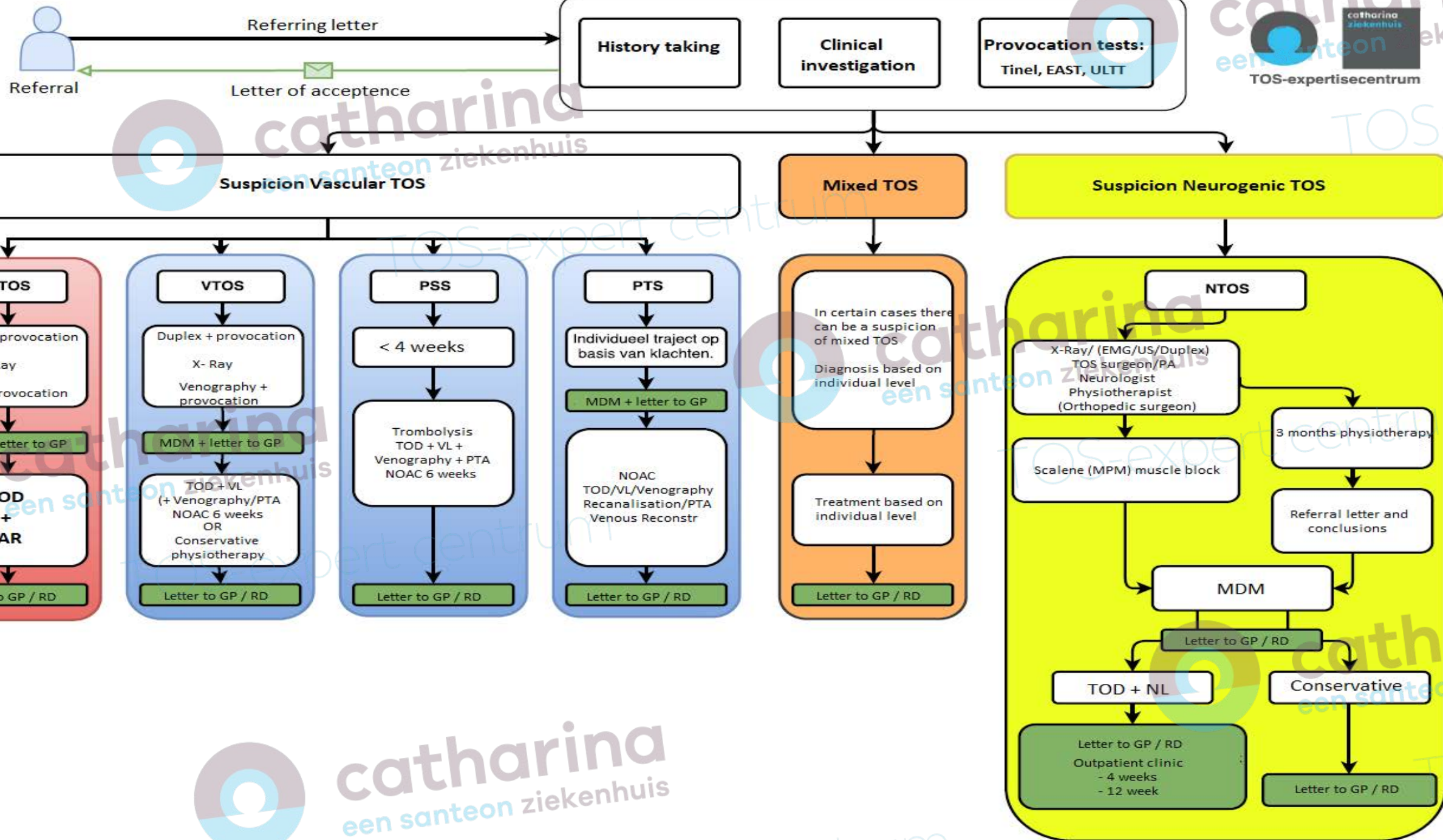
the present series had a satisfactory result from supervised physiotherapy alone and this could have been a larger number had the study not been at a tertiary referral centre. While the authors have rightly focused on standardised

## Multidisciplinair leren van elkaar



# Multidisciplinair probleem





# Ontstaan – groei TOS centrum CZE

## Patiënten voorlichtingsmateriaal

Chirurgie

### Thoracic Outlet Syndroom (TOS)

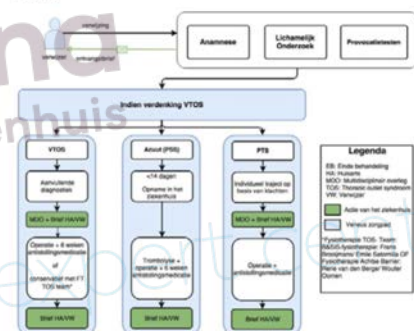


### Inhoud

|                                              |    |
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### Zorgpad Veneus Thoracic Outlet Syndroom

Overzicht van zorgpad TOS dat u doorloopt indien de verdenking VTOS bestaat.



### Arterieel Thoracic Outlet Syndroom (ATOS)

Wat is Arterieel Thoracic Outlet Syndroom (ATOS)?

Het Arterieel Thoracic Outlet Syndroom (ATOS) is de arteriële variant van TOS. Hierbij is de slagader (arterie) in de thoracale outlet beklemd of beschadigd geraakt.

### Klachten bij ATOS

Klachten die veel voorkomen bij ATOS zijn:

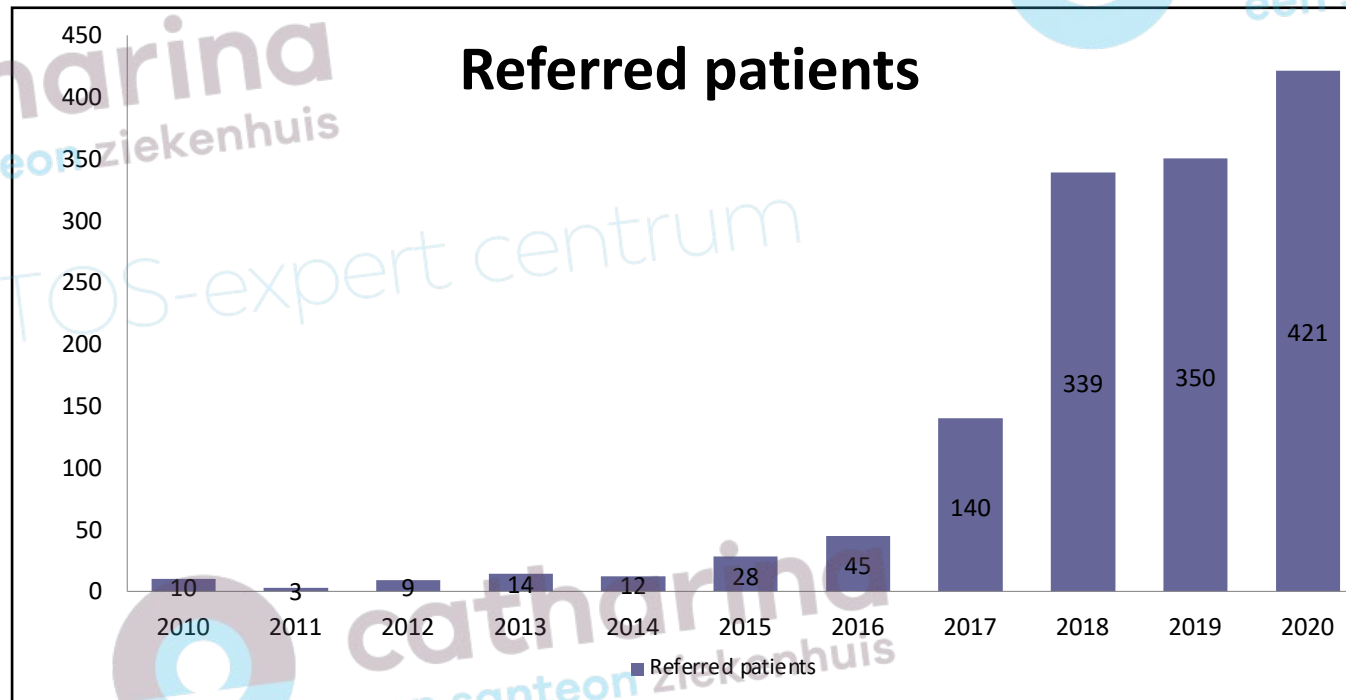
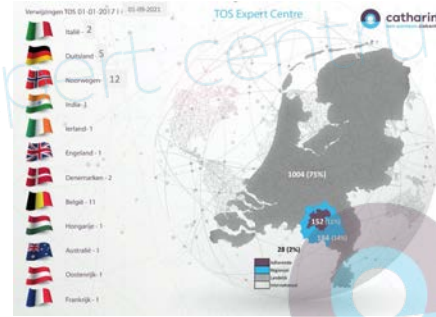
- Een vermoeid en zwaar gevoel in de arm;
- Een koud gevoel in de arm, bleke of gevlekte vingers en/of spierkrampen;
- Verkleuring van de vingertoppen;
- Pijn in de arm en/of hand.

Patiëntenvoorlichting: patiënten voorlichting@catharinaziekenhuis.nl  
Orib4 / Thoracic Outlet Syndroom (TOS) / 27-10-2017

# Ontstaan – groei TOS centrum CZE

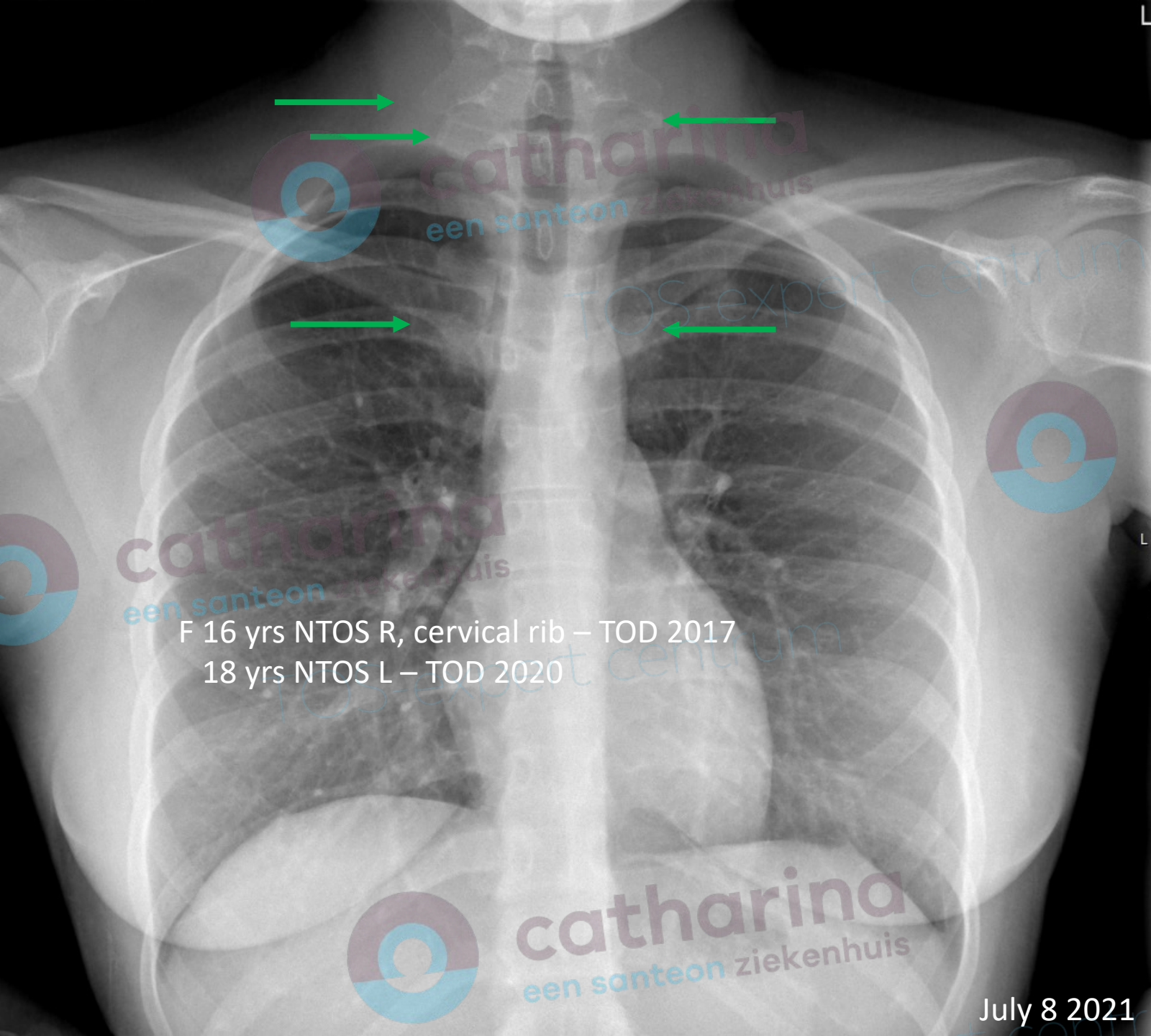


# Verwijzingen TOS centrum CZE



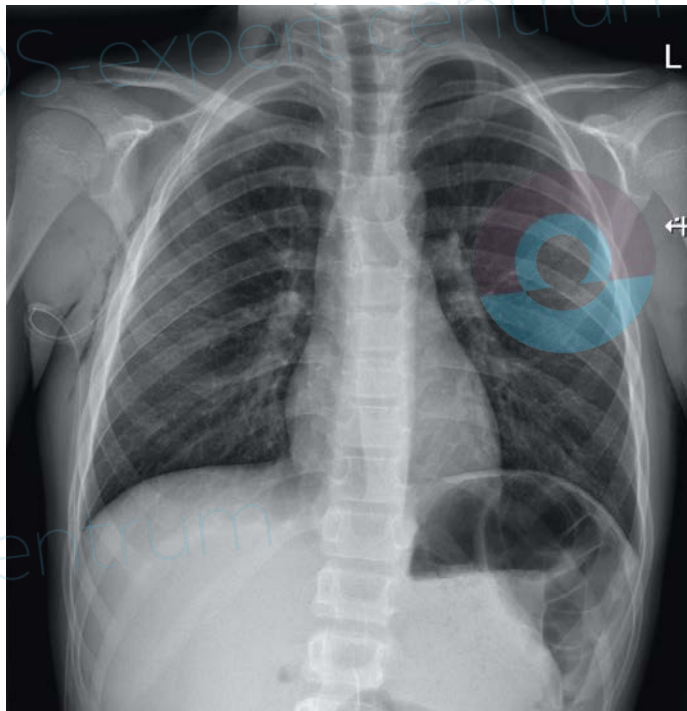
## OP ZOEK NAAR:

- 3-4 centra Nederland
- Opzet cf. CZE TOS centrum
- Primaire en redo TODs
- Gemeenschappelijke database



July 8 2021

M 11 yrs NTOS R – TOD 2017

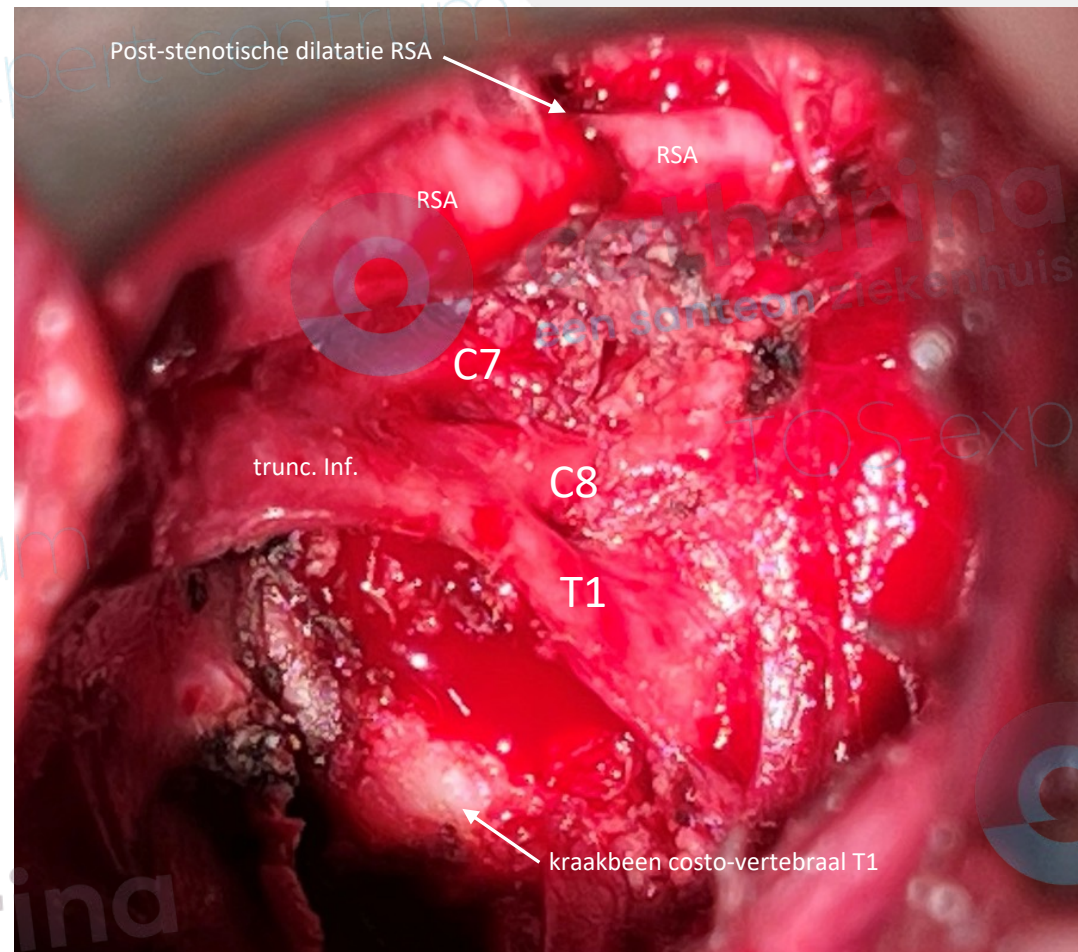
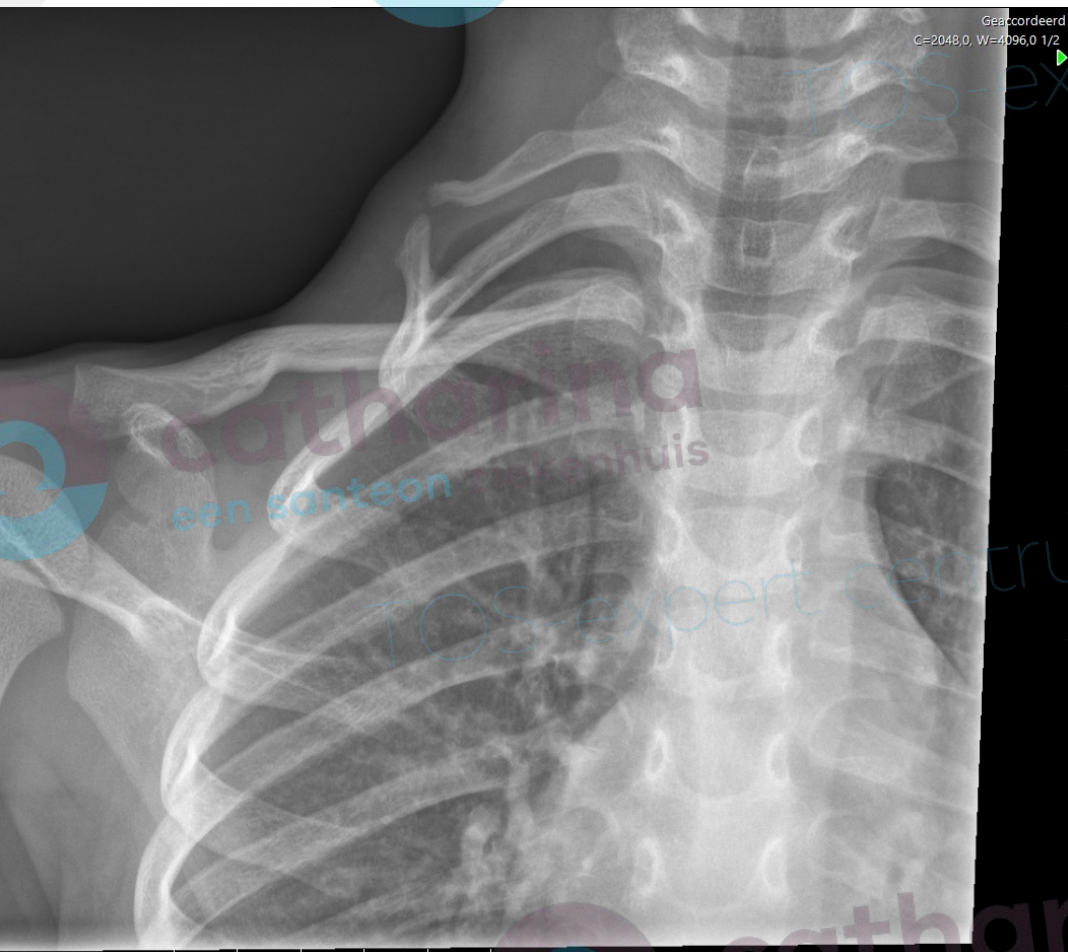


M 15 yrs Free runner

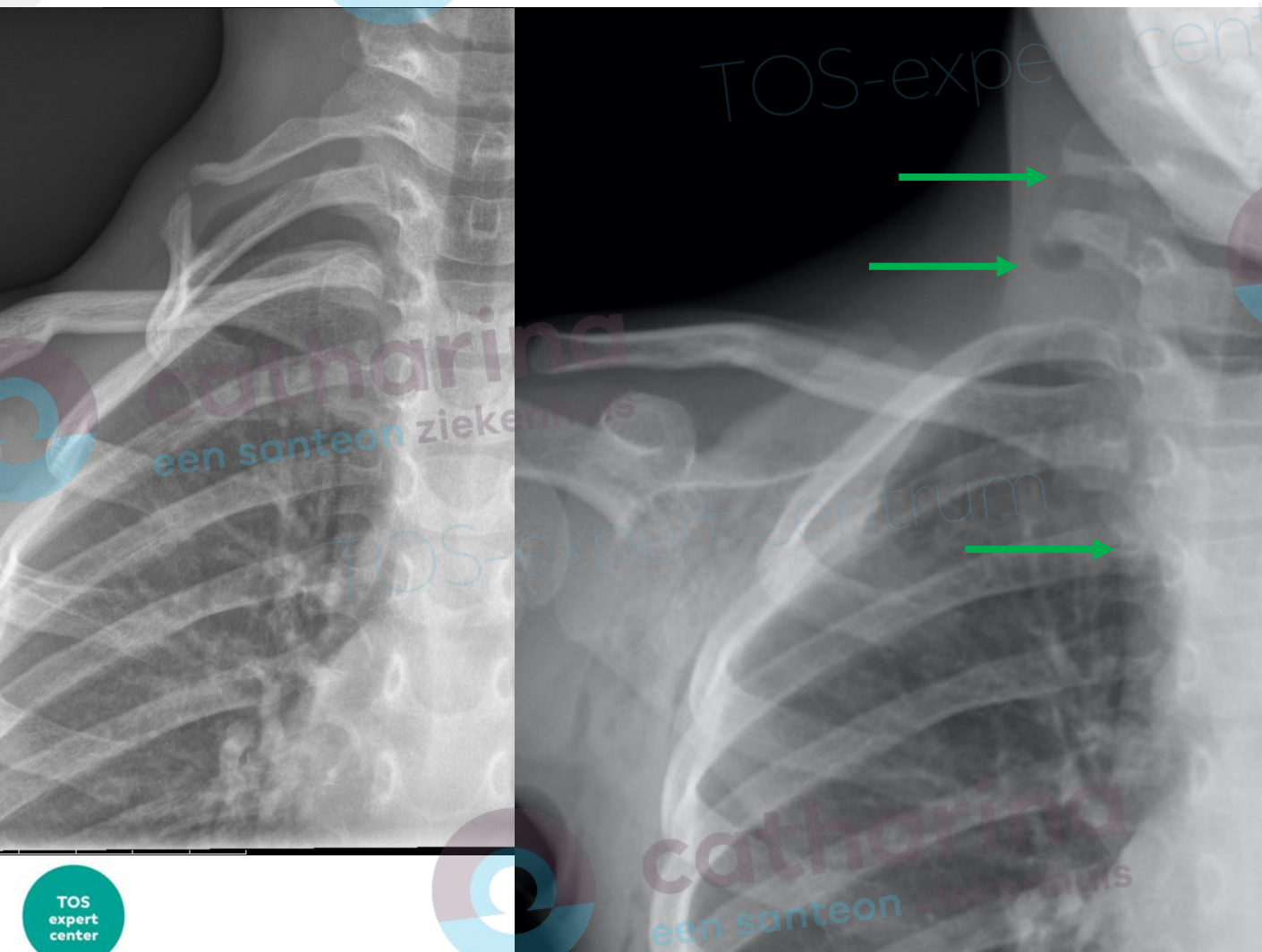


Afgebeeld met toestemming  
Lucas en ouders

# F 5 yrs NTOS R complete cervical rib – TOD 2021



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F 5 yrs NTOS R complete cervical rib – TOD 2021

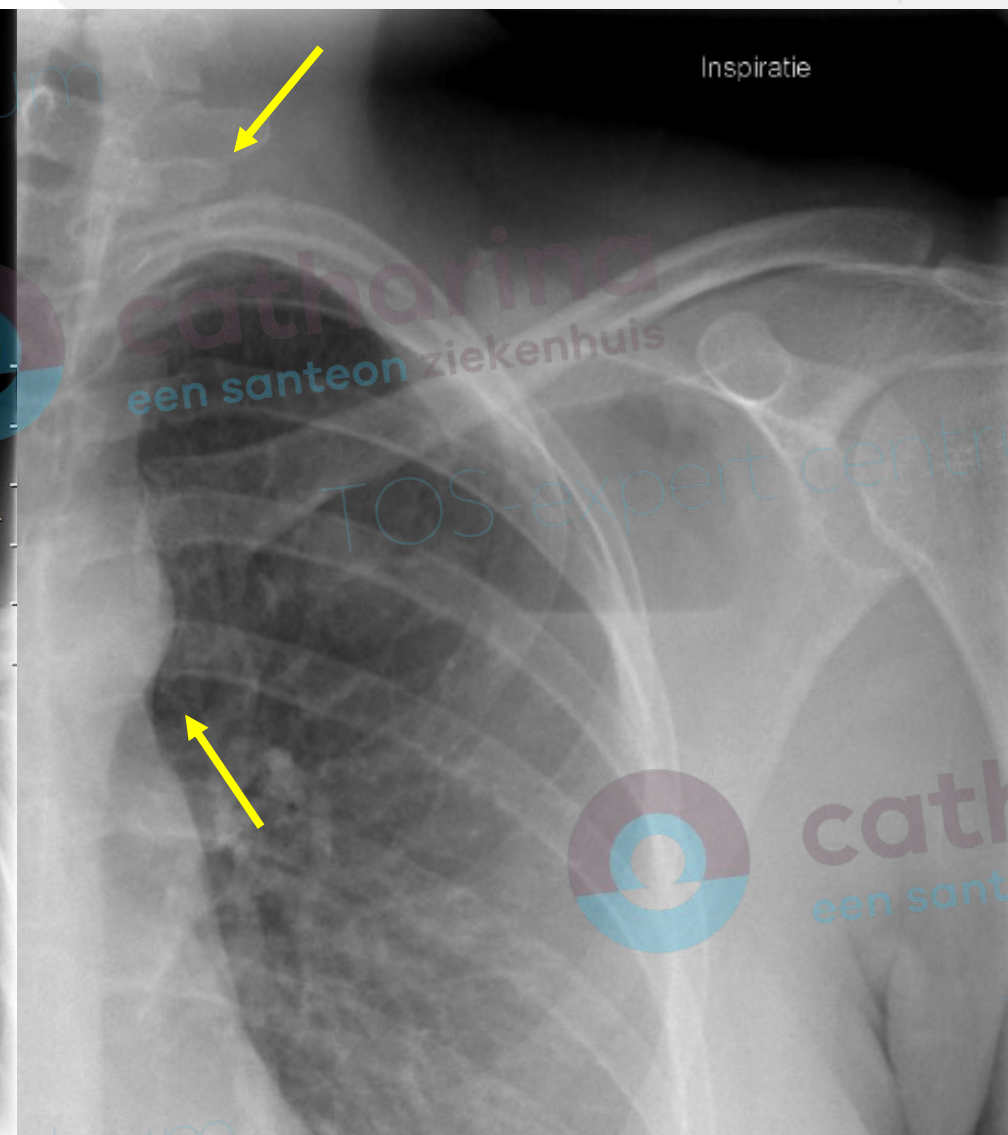
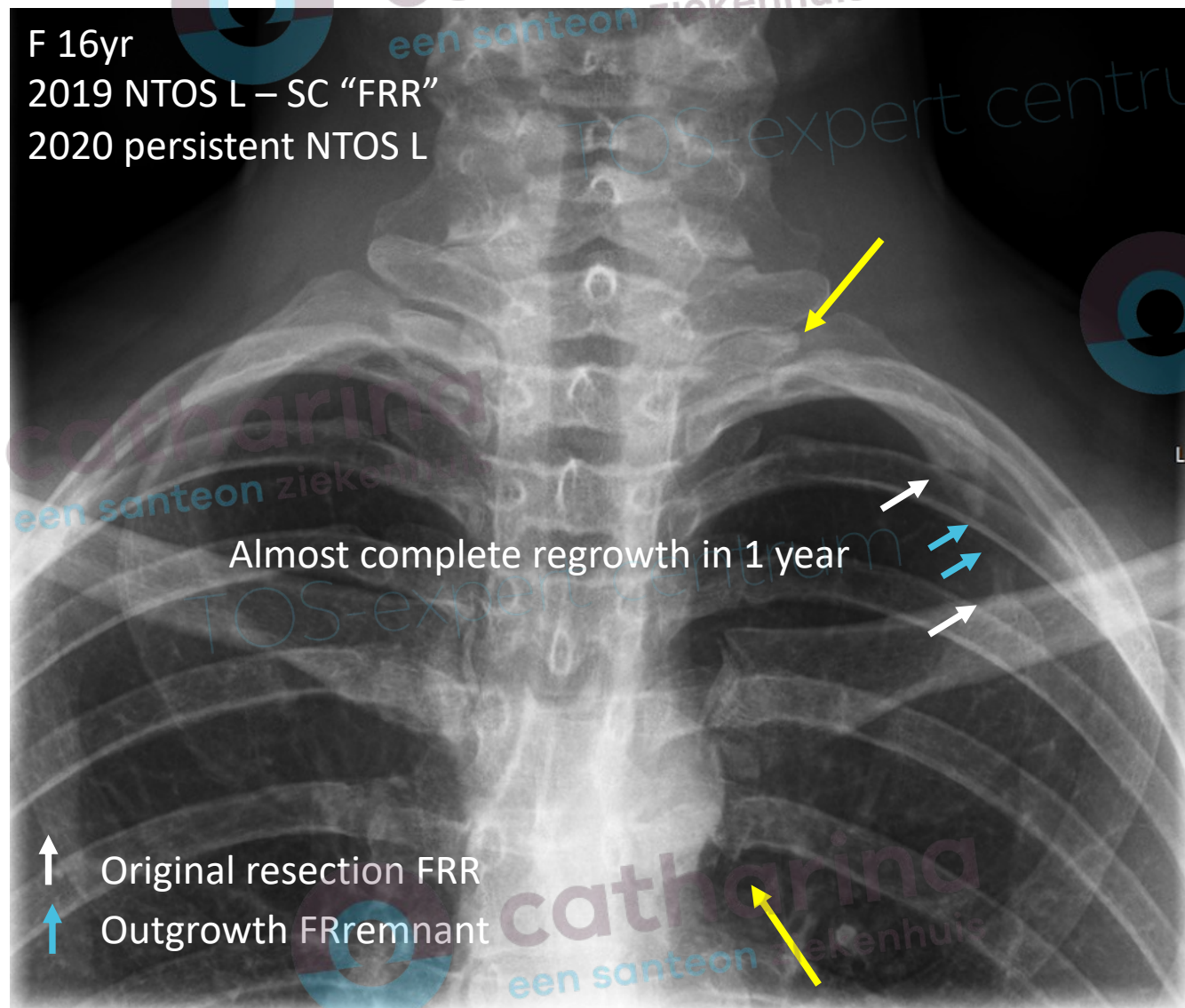


Afgebeeld met toestemming  
Noor en ouders

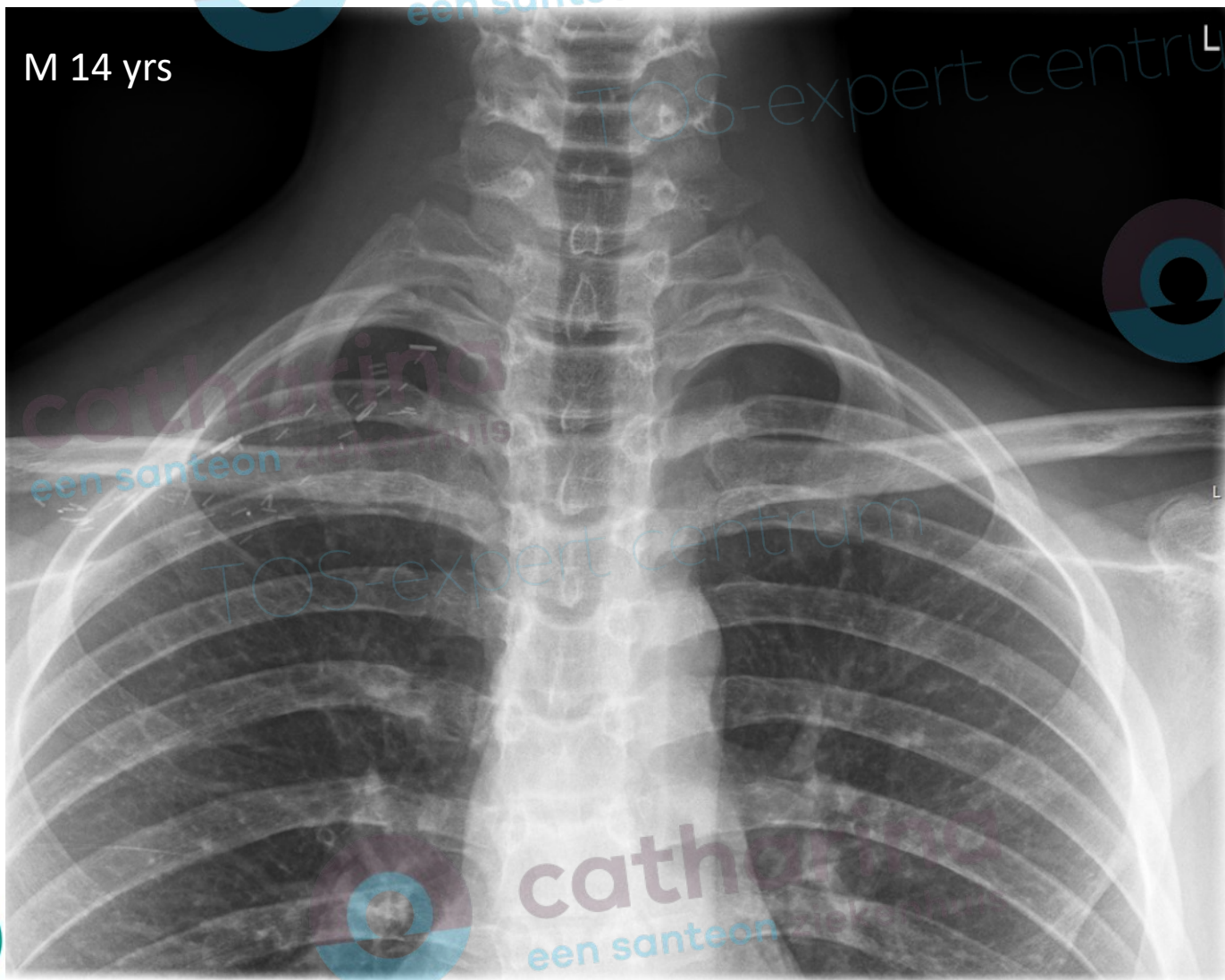


## 'Eerste rib resectie' ?

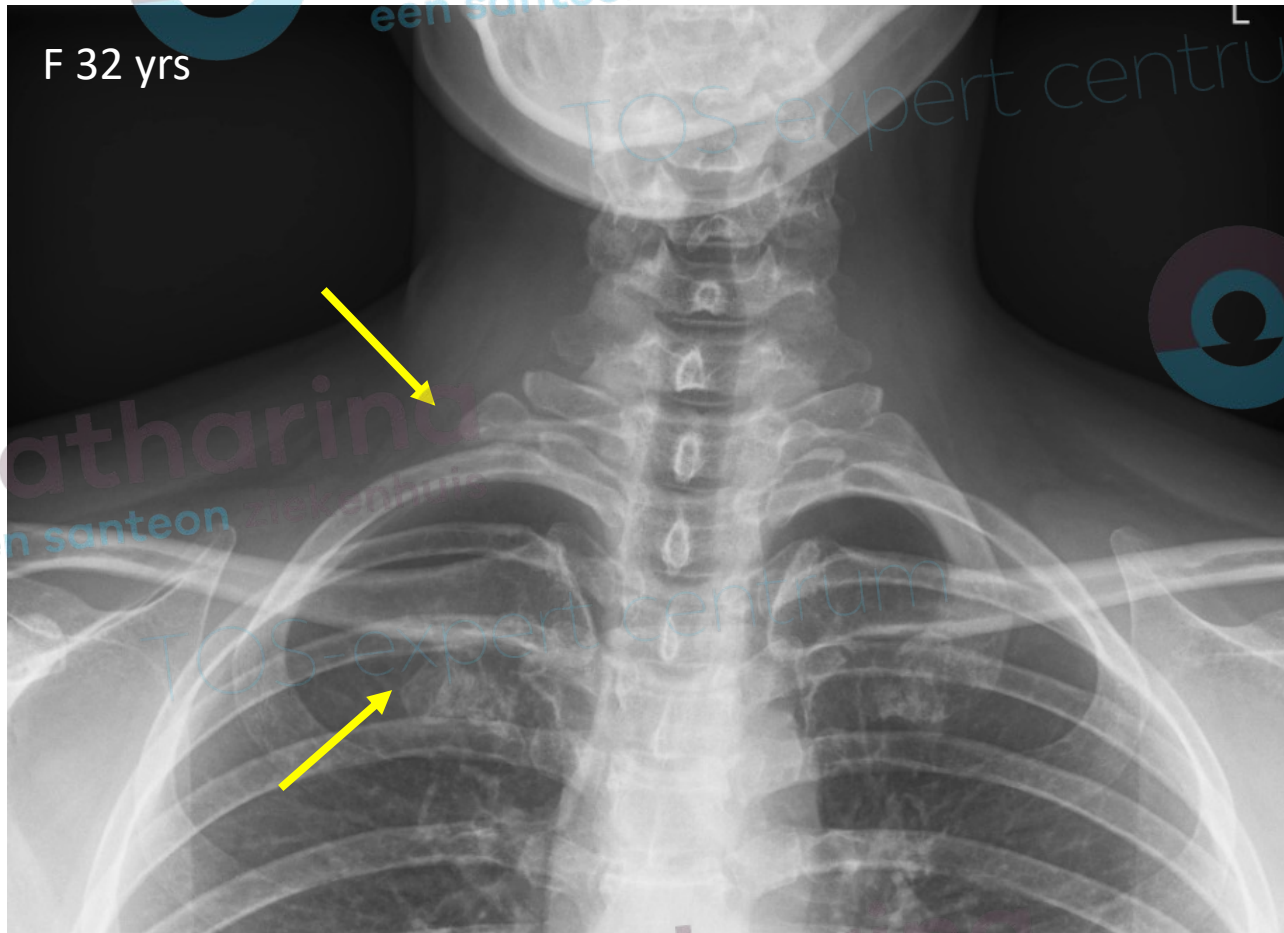
F 16yr  
2019 NTOS L – SC “FRR”  
2020 persistent NTOS L



'ATOS? 6mm interponaat bij 14 jarige jongen



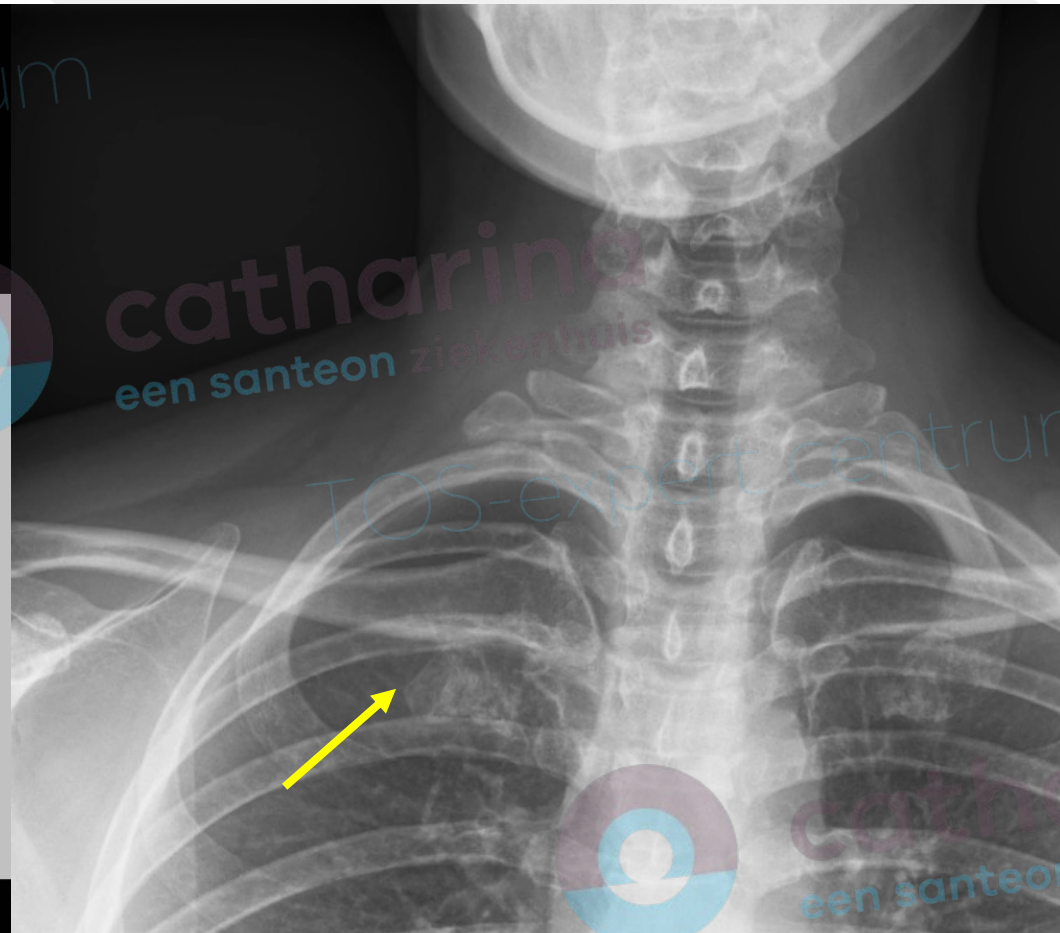
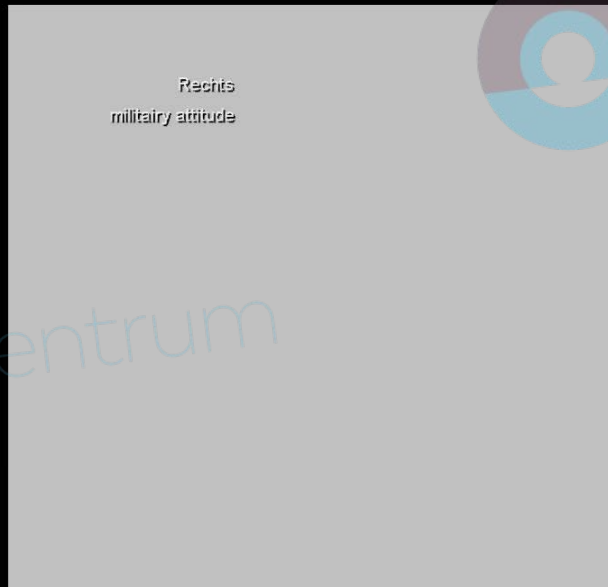
‘Eerste rib resectie voor VTOS’ ? – NTOS gemist



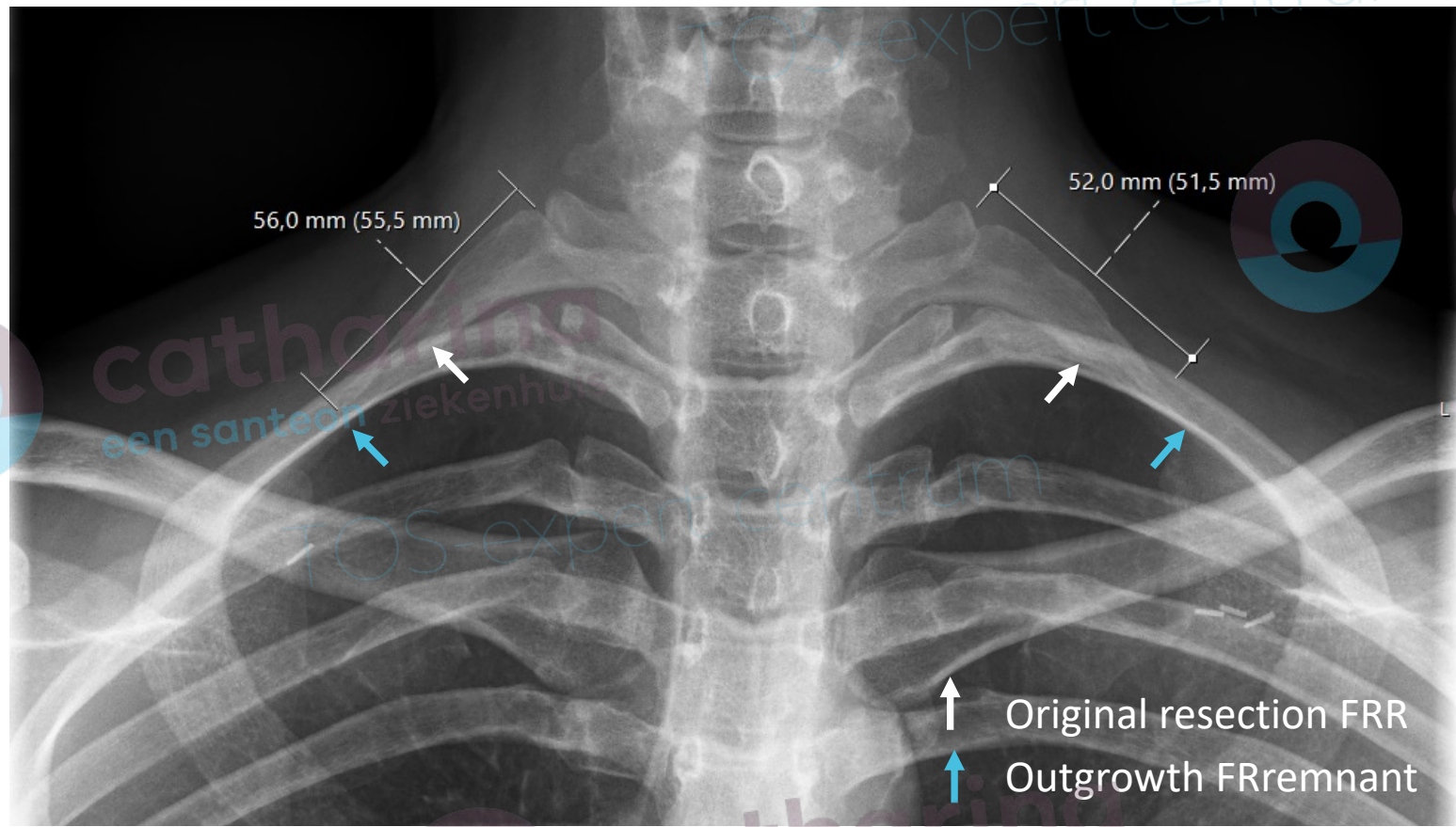
# ‘Eerste rib resectie voor VTOS’ ? – NTOS gemist

6-10-2022, 10:42:40  
1. LD Shunt 3

6-10-2022, 10:43:26  
2. LD Shunt 3



## 'Eerste rib resectie' rol restrib?

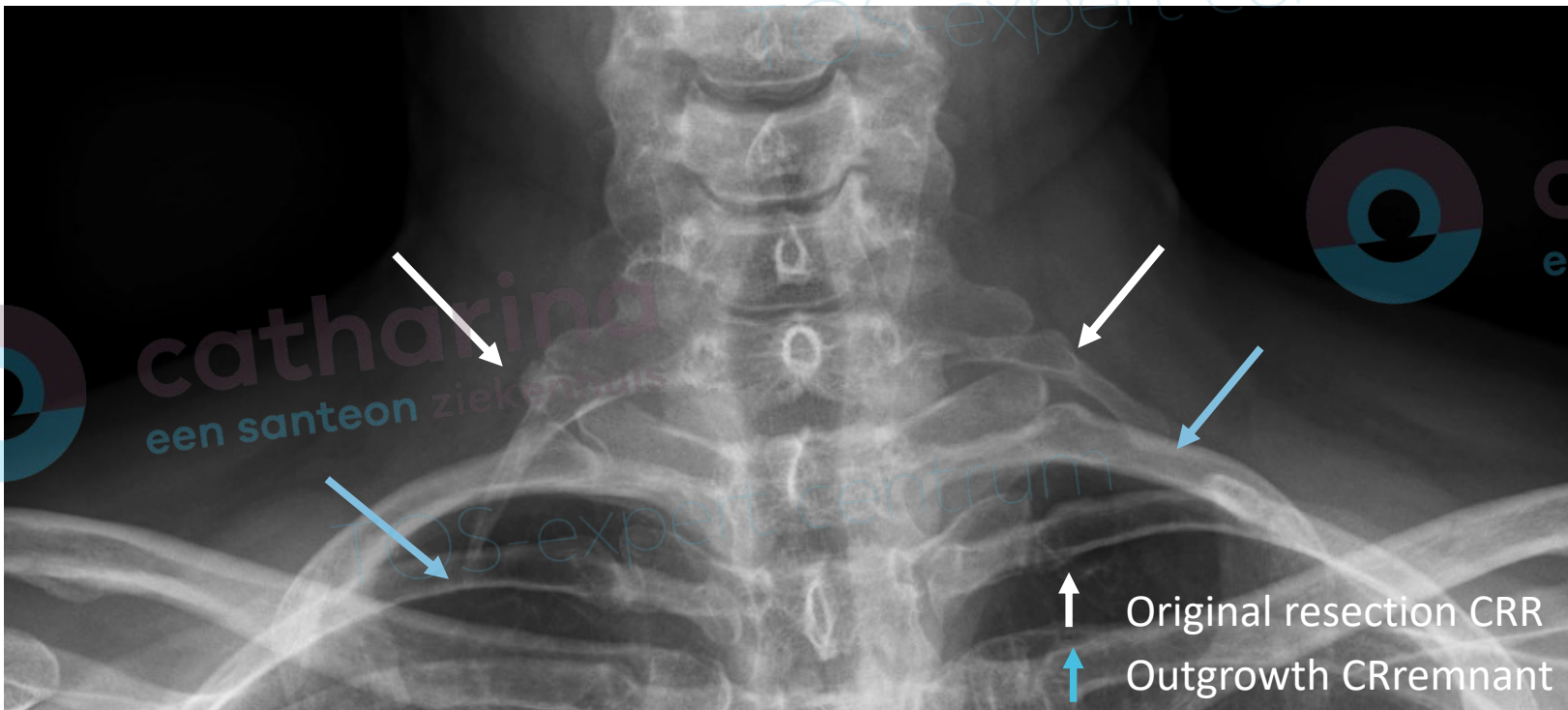


Bilaterale incomplete  
eerste rib resectie.

Persisterende NTOS R, Li  
klachtenvrij

# 'Halsrib resectie'?

M 46 yrs halsribresectie bdz.(1987) recidief NTOS Li



# Laat geen eerste (hals) rib rest achter!

## - Complete cervical + FRR (cartilage-cartilage)

True recurrence is usually caused by scar tissue surrounding the brachial plexus or caused by a residual first rib stump (>1 cm) causing further impingement.<sup>92</sup>

of TOS recurrence. Conversely, in our experience on 118 patients who had transaxillary first-rib resection for TOS, a long first-rib posterior stump—shown by routine follow-up chest x-ray films—was responsible for TOS recurrence in 20 of 25 cases (80%) [ 2 ]. Moreover, in the series reported by Urschel and Razzuk [ 3 ], a long posterior stump of the first rib was responsible of 1060 of 1221 (87%) TOS recurrences.

LETTER TO THE EDITOR | VOLUME 190, ISSUE 1, P156, JULY 01, 2005

## Role of first rib stump length in recurrent neurogenic thoracic outlet syndrome

Andrea Mingoli, M.D. • Paolo Sapienza, M.D. • Luca di Marzo, M.D.

DOI: <https://doi.org/10.1016/j.amjsurg.2004.11.006>

We read with great interest the article by Ambrad-Chalela et al [ 1 ] in which the investigators reported their experience with recurrent neurogenic thoracic outlet syndrome (TOS). They identified just 1 case (6%) in which an incomplete first-rib resection was responsible for the symptom recurrence and stated that incomplete excision of first rib is an occasional cause of TOS recurrence. Conversely, in our experience on 118 patients who had transaxillary first-rib resection for TOS, a long first-rib posterior stump—shown by routine follow-up chest x-ray films—was responsible for TOS recurrence in 20 of 25 cases (80%) [ 2 ]. Moreover, in the series reported by Urschel and Razzuk [ 3 ], a long posterior stump of the first rib was responsible of 1060 of 1221 (87%) TOS recurrences.

Journal of Vascular Surgery

Volume 65, Number 6S

Causes and Treatment of Recurrent Symptoms After First Rib Resection for Thoracic Outlet

Syndrome

Kathryn A. Wagstaff, Ralph Davis, Misty D. Humphries, Julie Ann Freischlag, University of California Davis, Davis, Calif

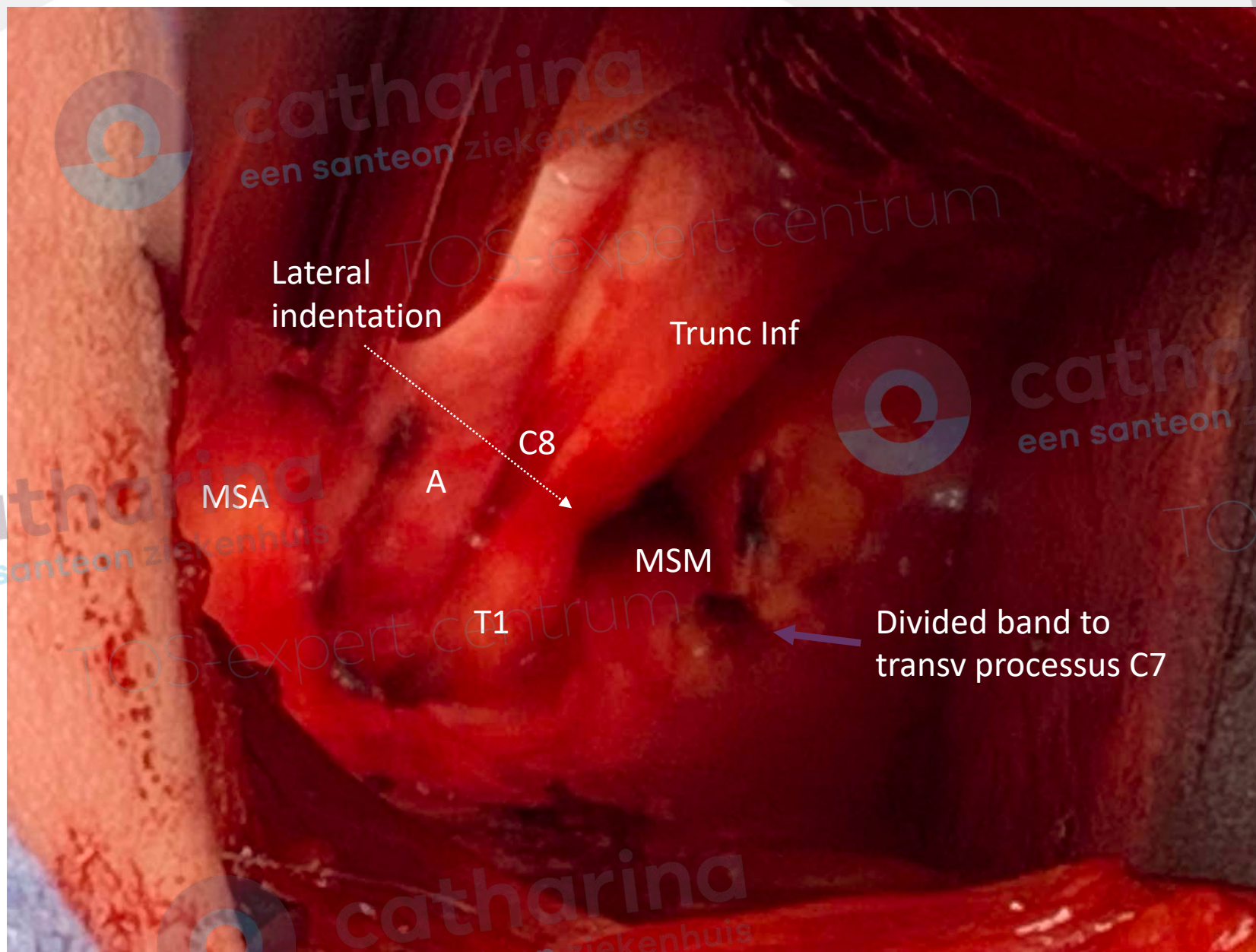
Conclusions: Care must be taken with first rib resection for vTOS cases to ensure complete posterior rib resection to prevent new onset neurogenic symptoms.

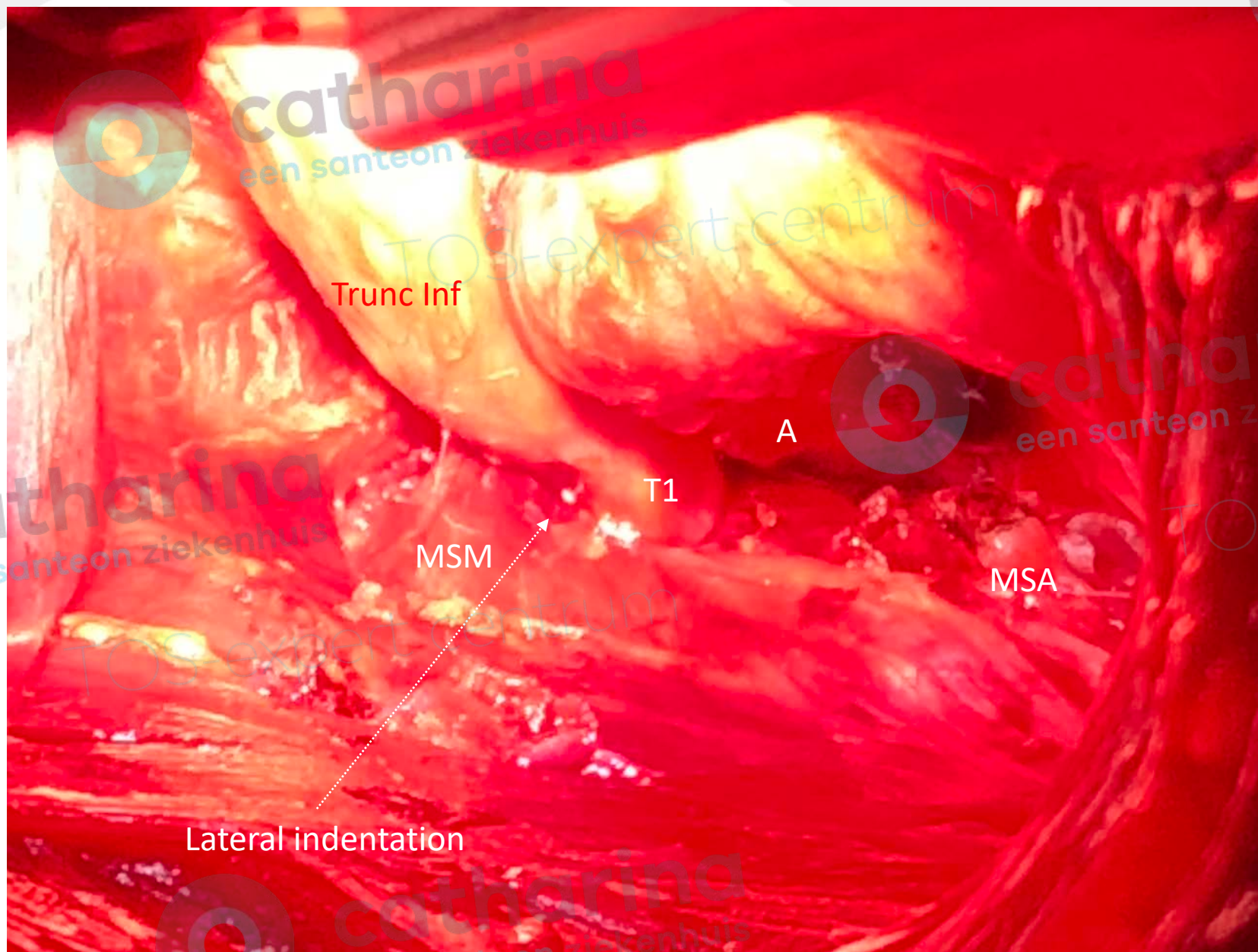
- Mingoli A. • Feldhaus R.J. • Farina C. • et al.  
Long-term outcome after transaxillary approach for thoracic outlet syndrome.  
*Surgery*. 1995; 118: 840-844
- Urschel Jr, H.C. • Razzuk M.A.  
Neurovascular compression in the thoracic outlet.  
*Ann Surg*. 1998; 228: 609-617

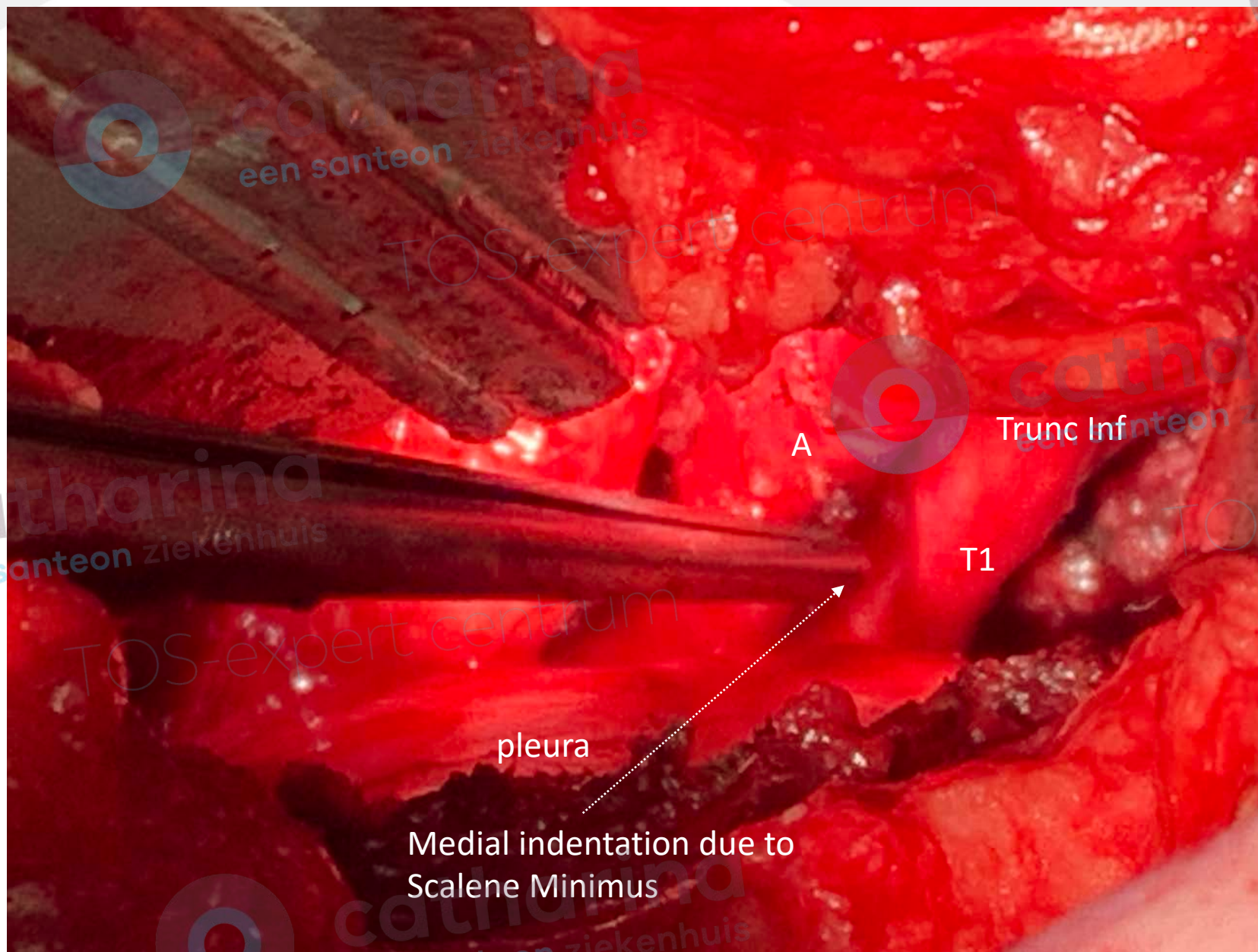
> Ann Vasc Surg. 2014 May;28(4):939-45. doi: 10.1016/j.avsg.2013.12.010. Epub 2014 Jan 21.

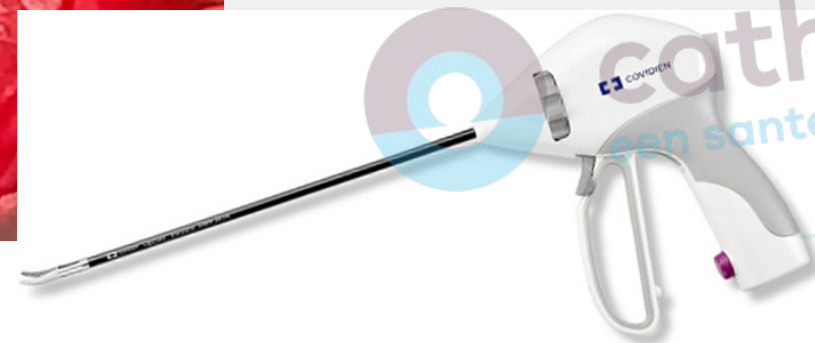
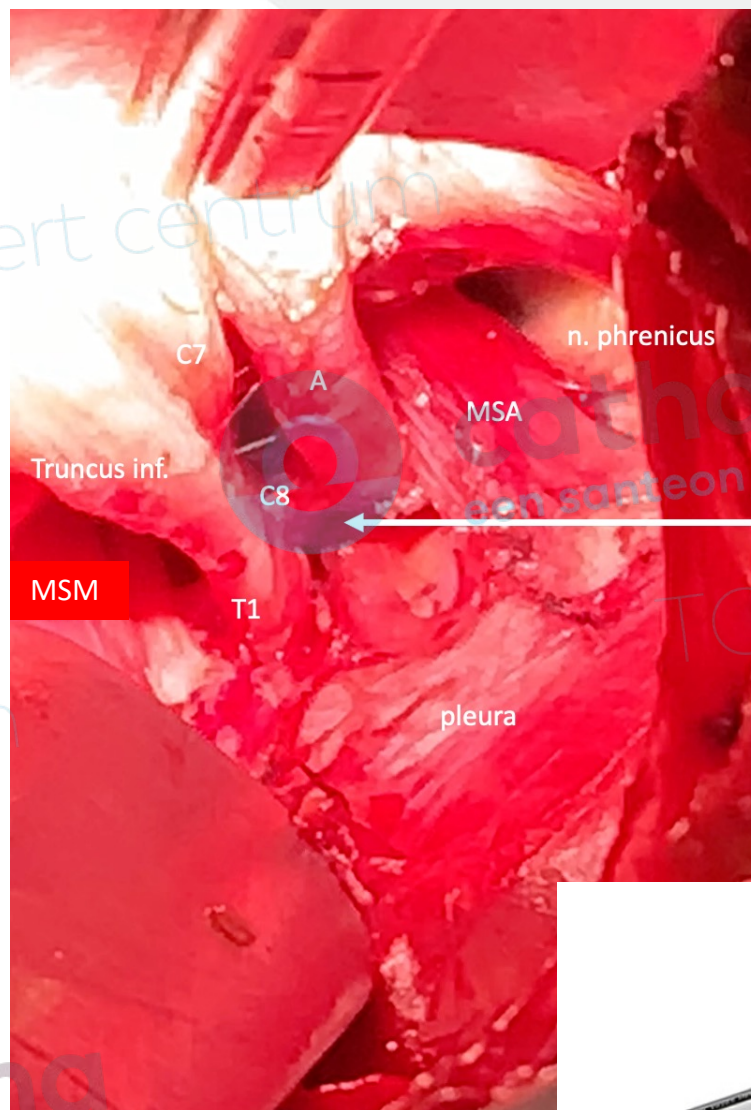
## Remaining or residual first ribs are the cause of recurrent thoracic outlet syndrome

Kendall Likes<sup>1</sup>, Thadeus Dapash<sup>2</sup>, Danielle H Rochlin<sup>2</sup>, Julie A Freischlag<sup>2</sup>

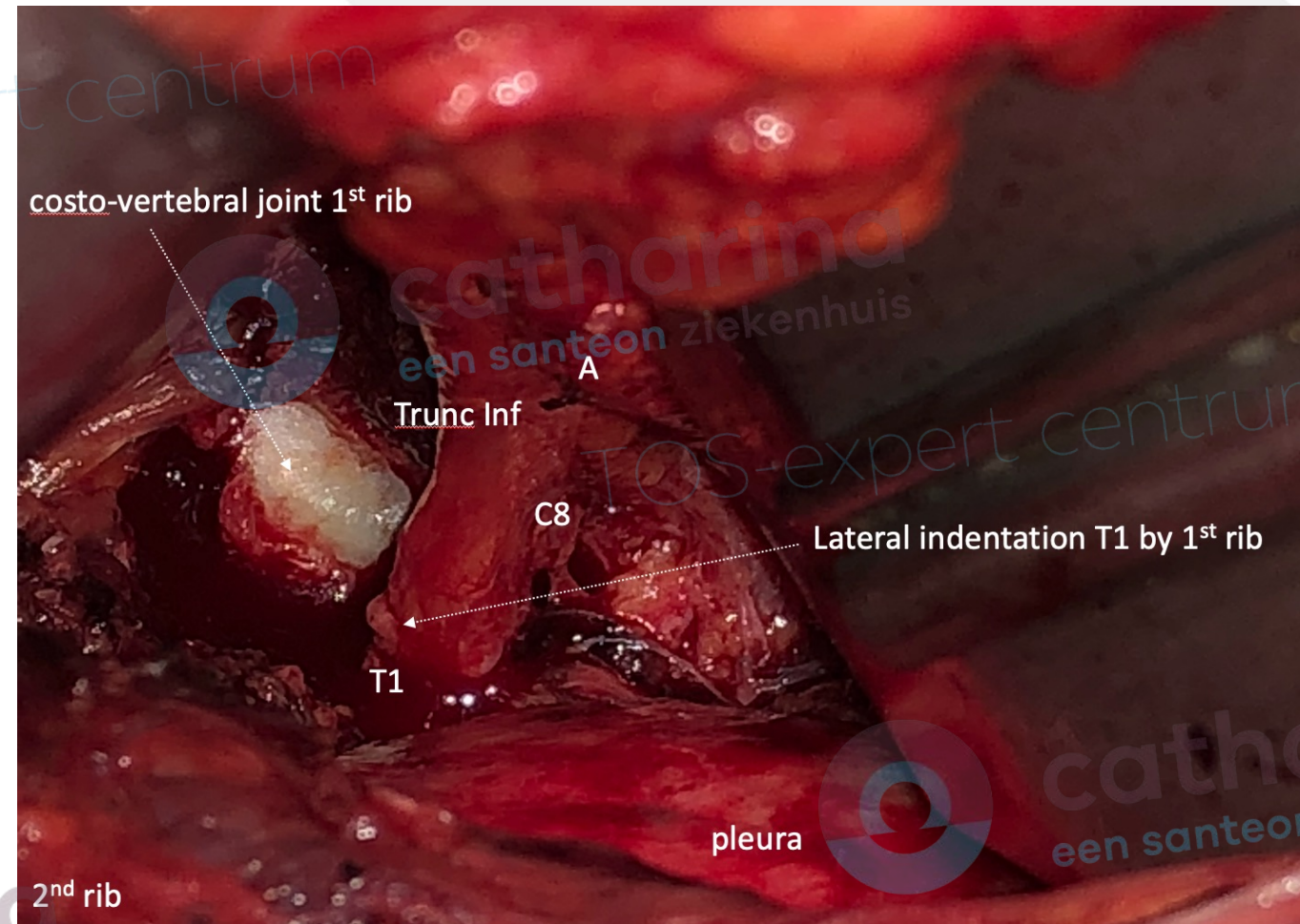
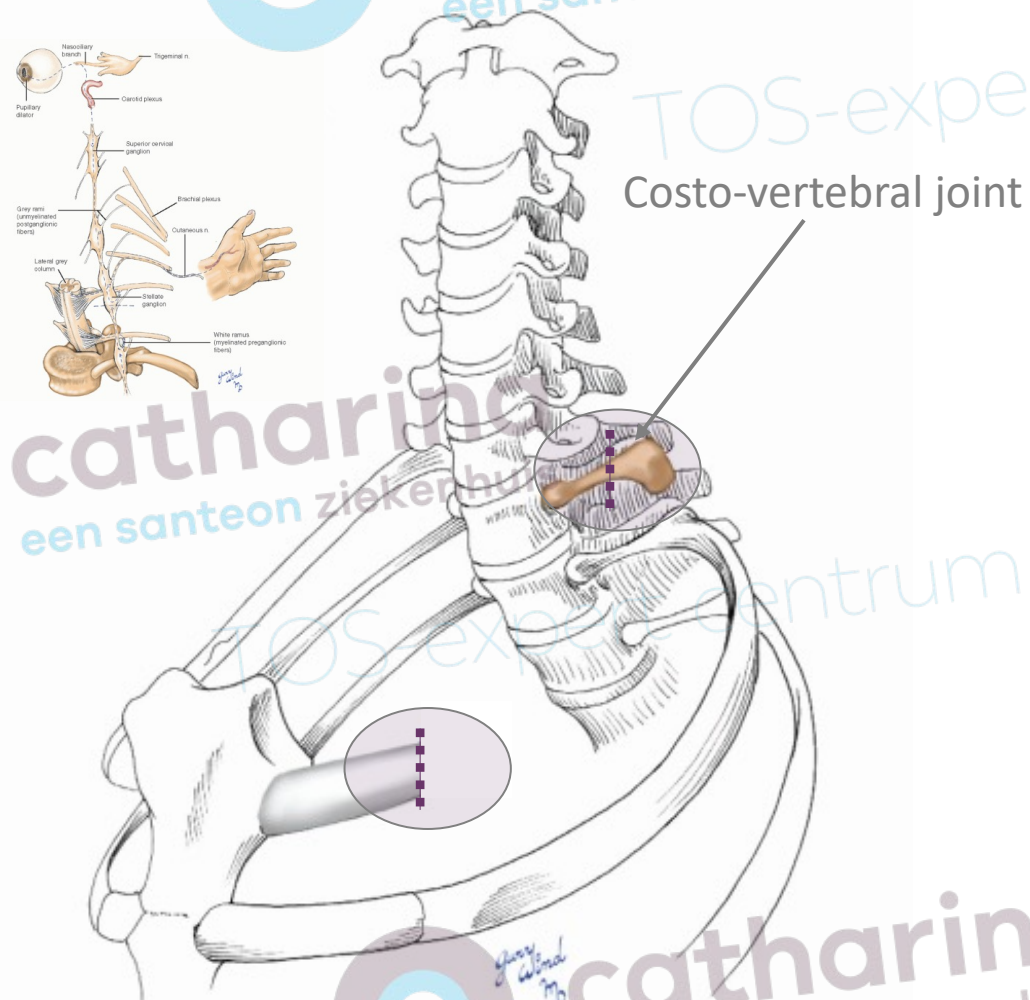




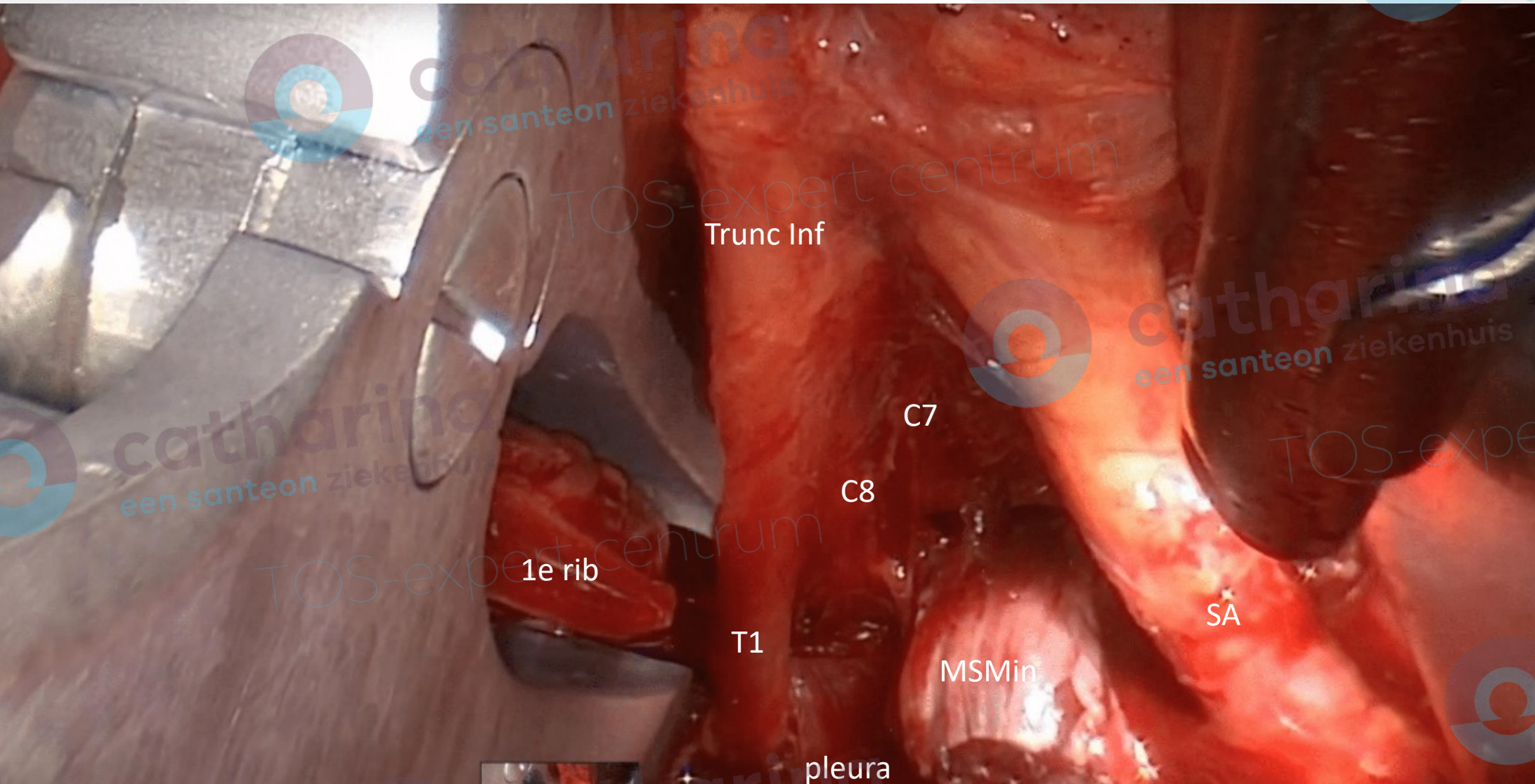




Laat geen eerste rib rest achter!



Why NOT???

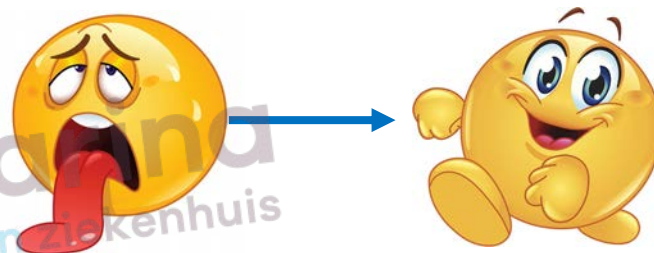


## Tips&Trics for a transaxillary TOD



## Tips&Trics for a transaxillary TOD

### Trimano



## Tips&Trics for a transaxillary TOD



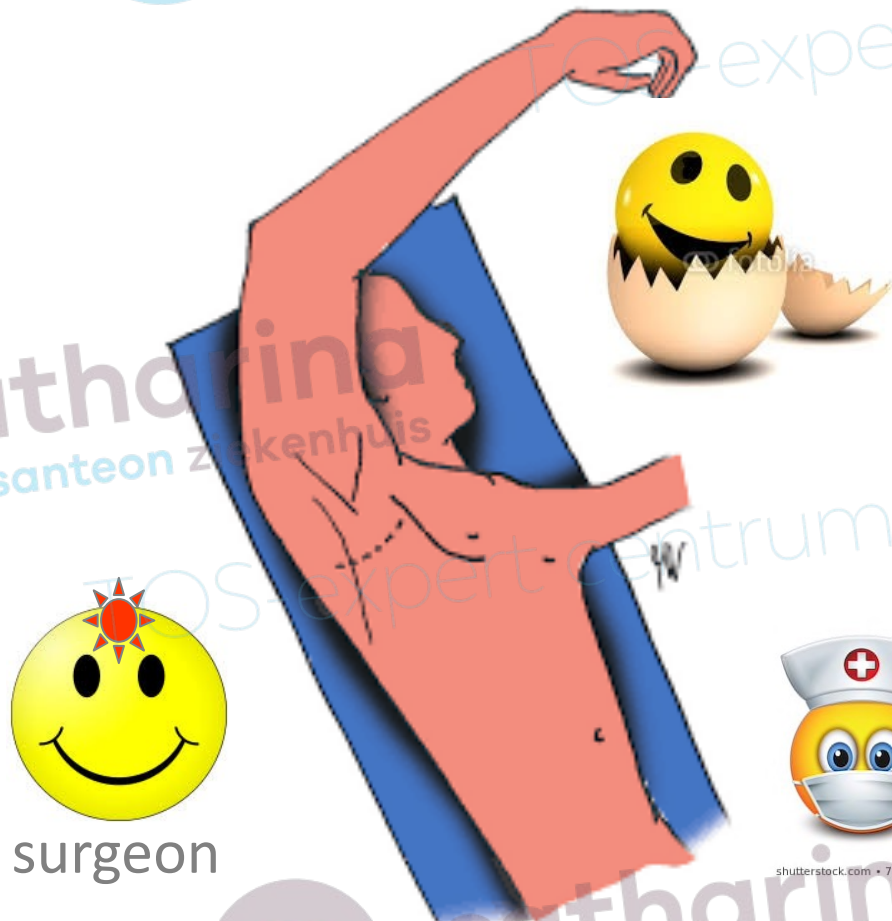
Martin's arm with Pilling/Deaver



# Tips&Trics for a transaxillary TOD



TV screen



surgeon



shutterstock.com • 787444234



## Camera/Headlight/flatscreens



## Tips&Trics for a transaxillary TOD



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een santeon ziekenhuis

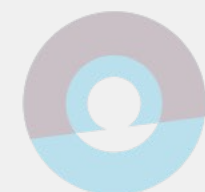


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een santeon ziekenhuis

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een santeon ziekenhuis



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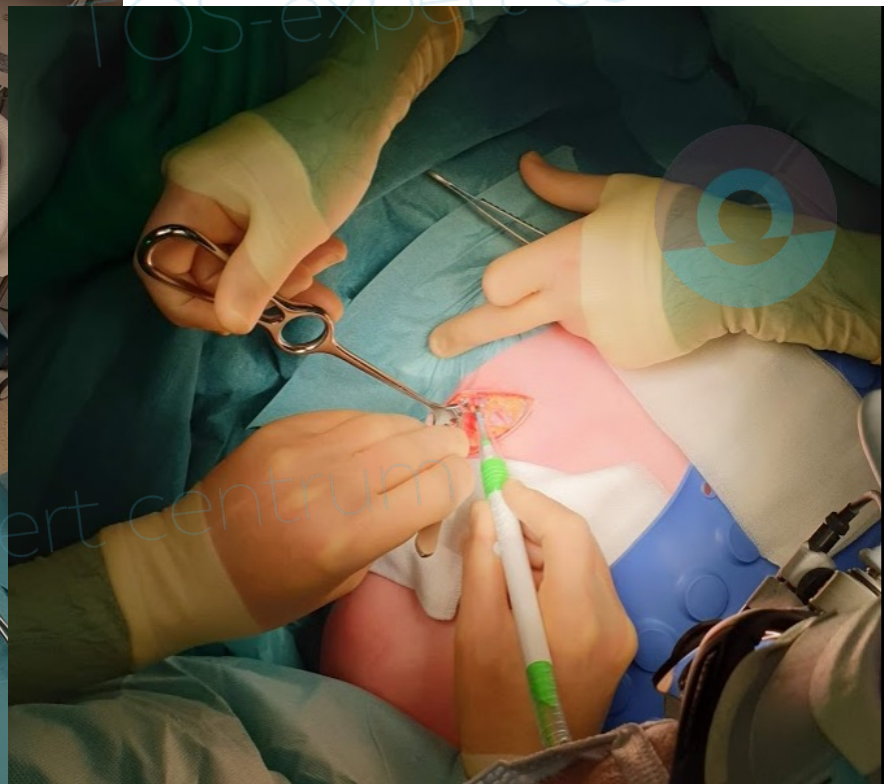
TOS-expert centraal

TOS-expert centraal

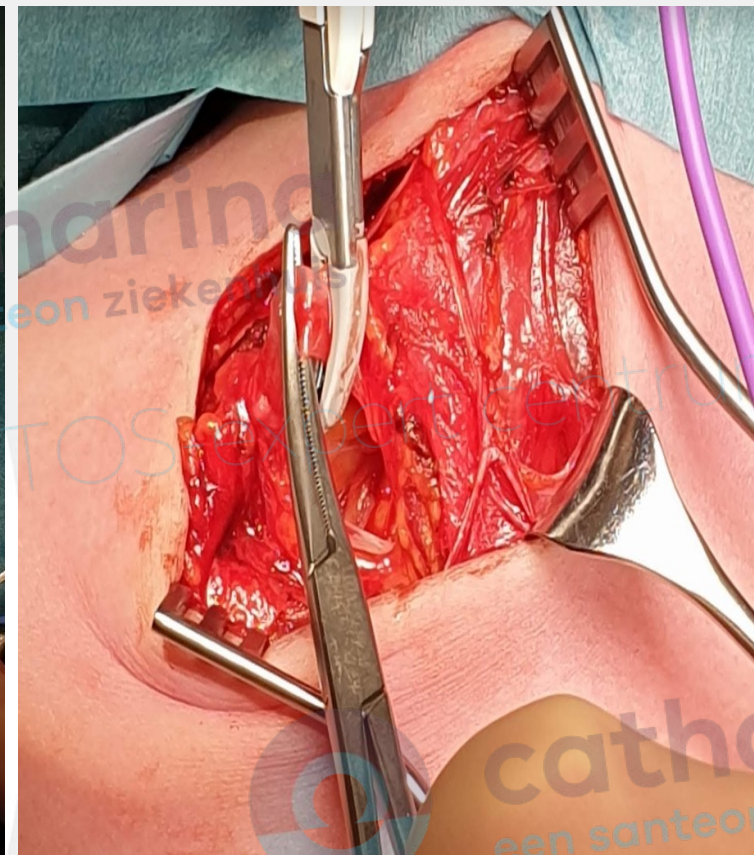
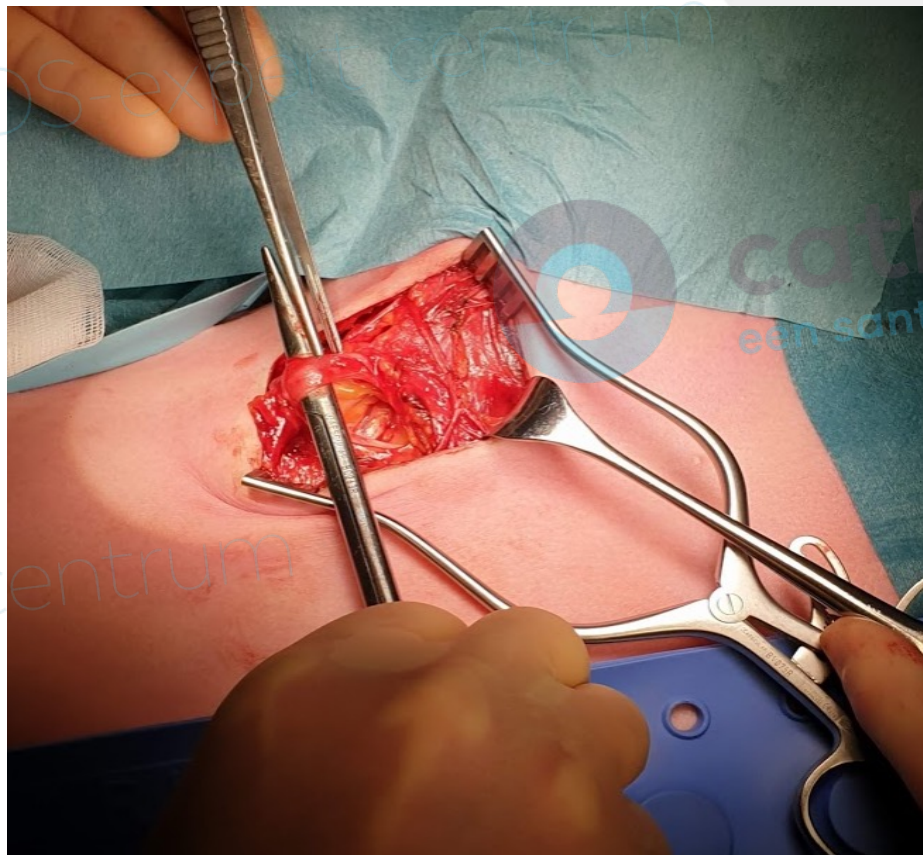
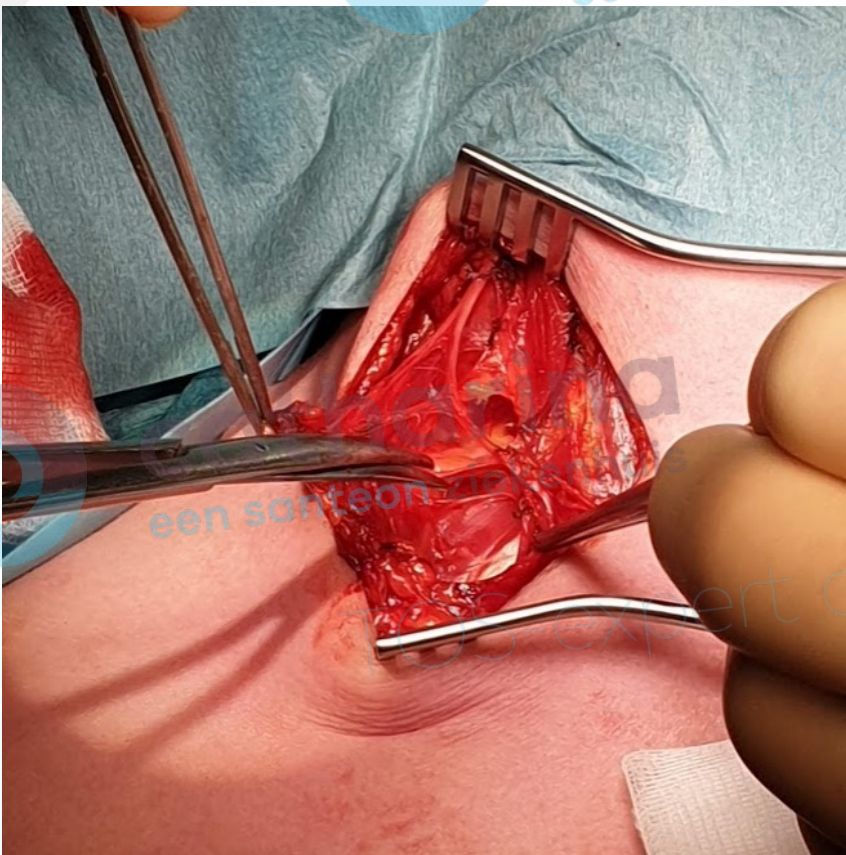
## Recidief SC TOD voor NTOS



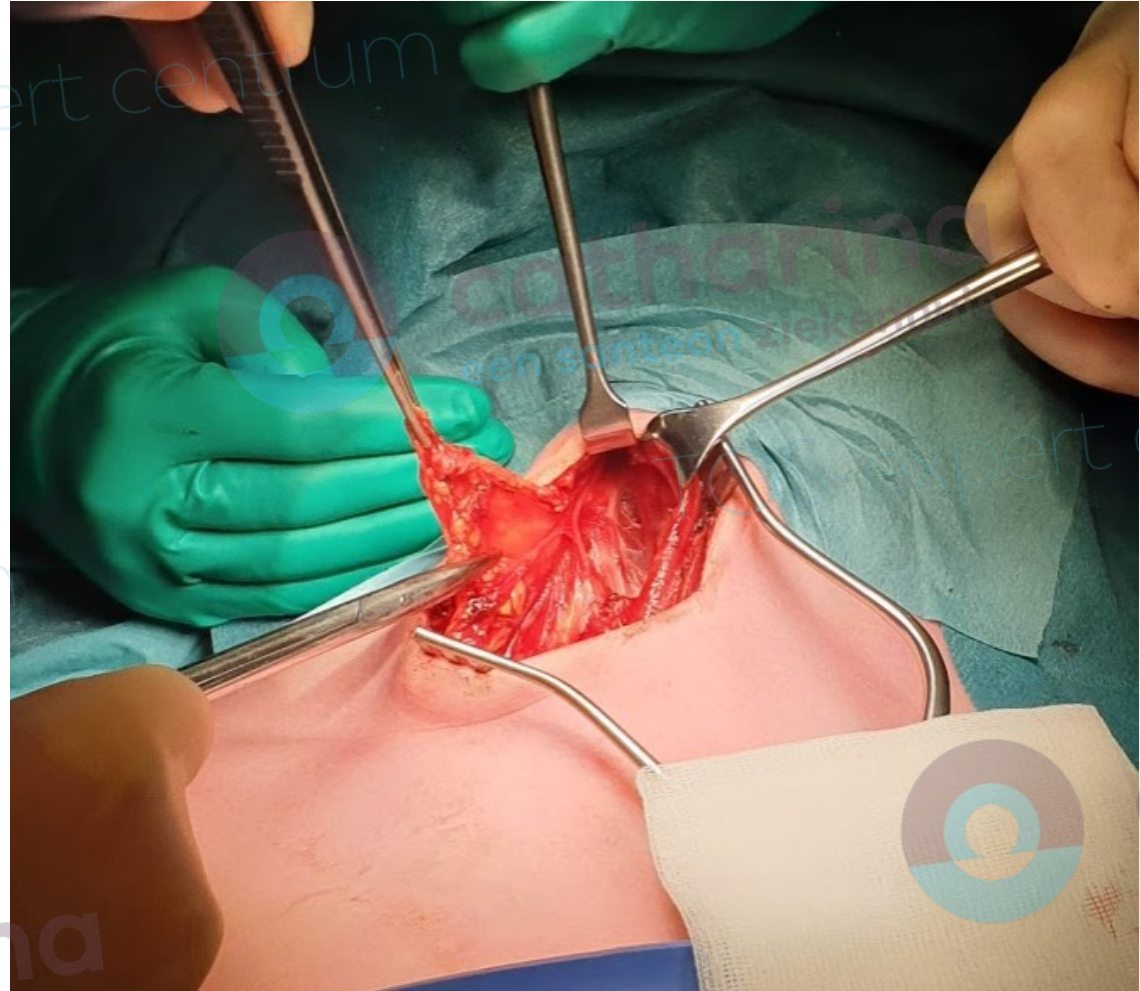
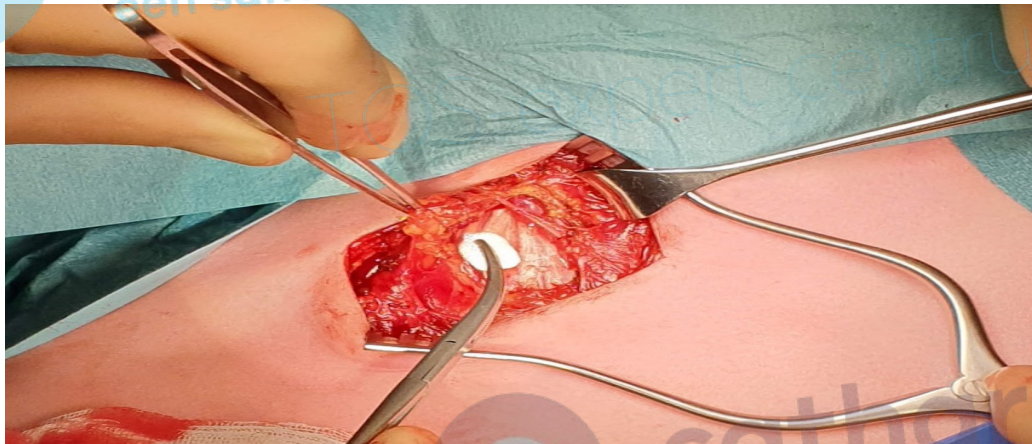
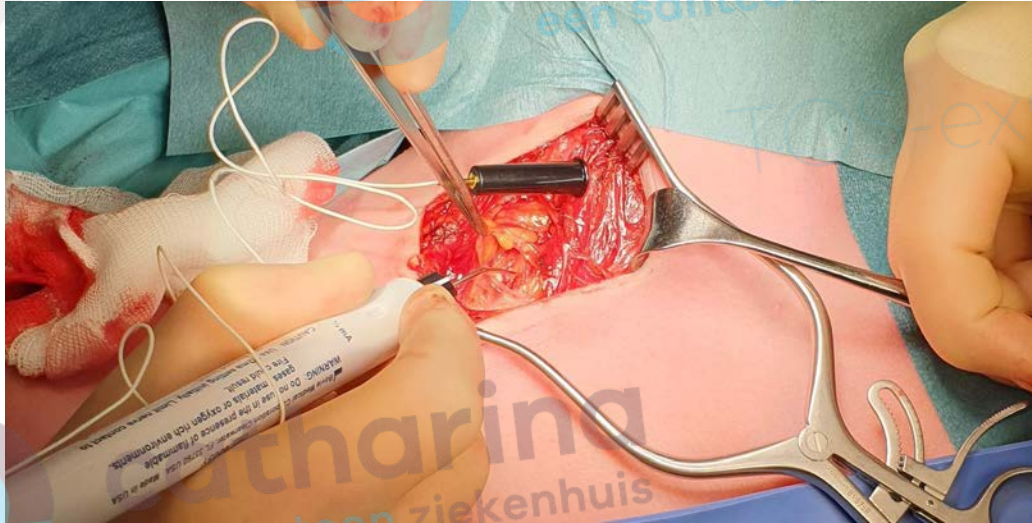
## Recidief SC TOD voor NTOS



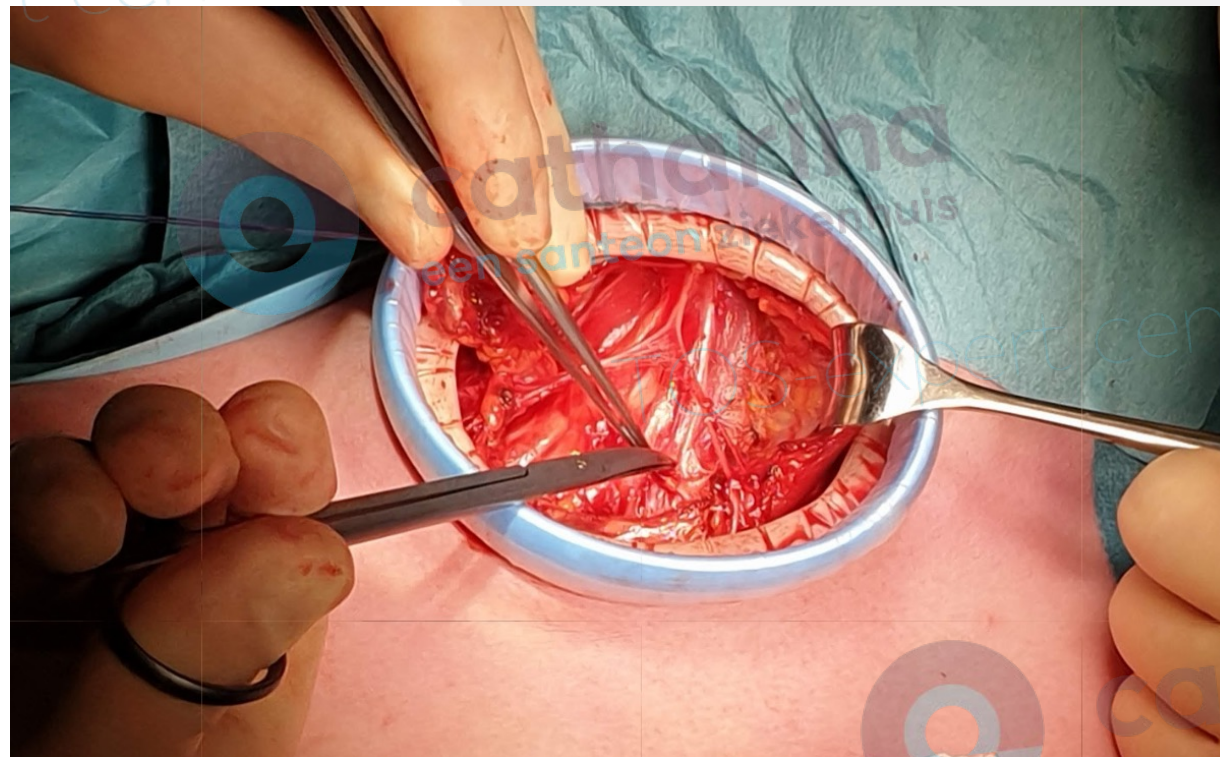
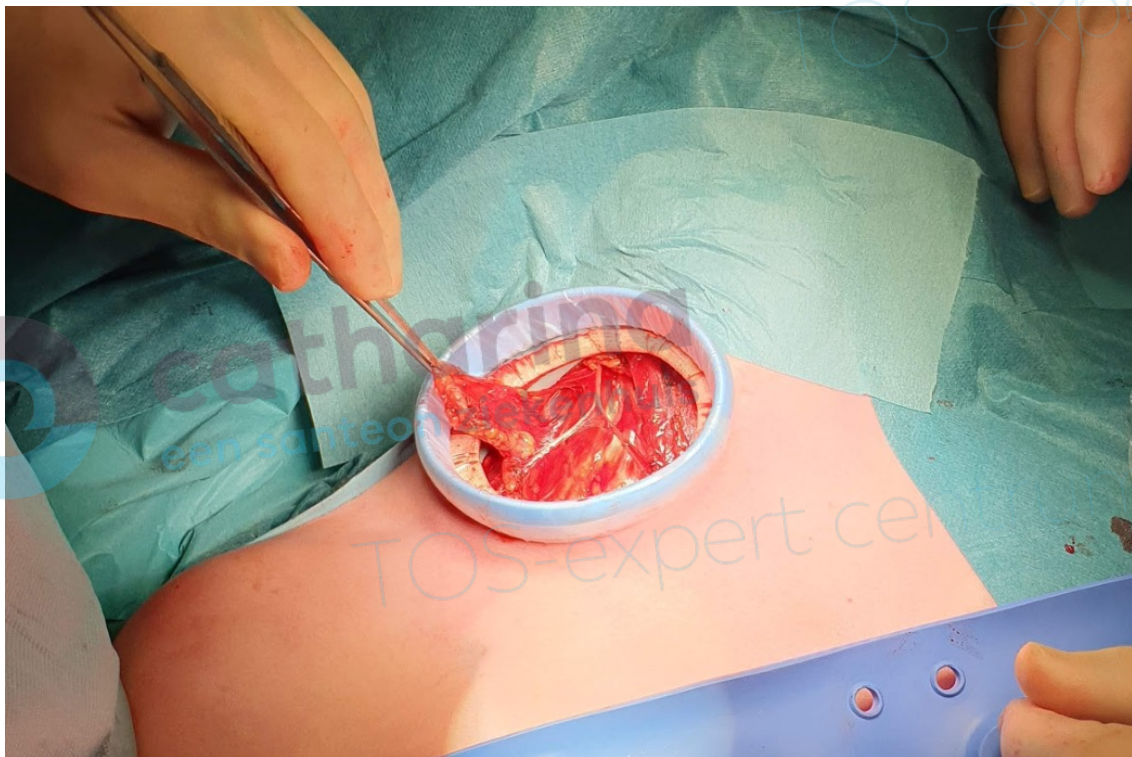
## Recidief SC TOD voor NTOS



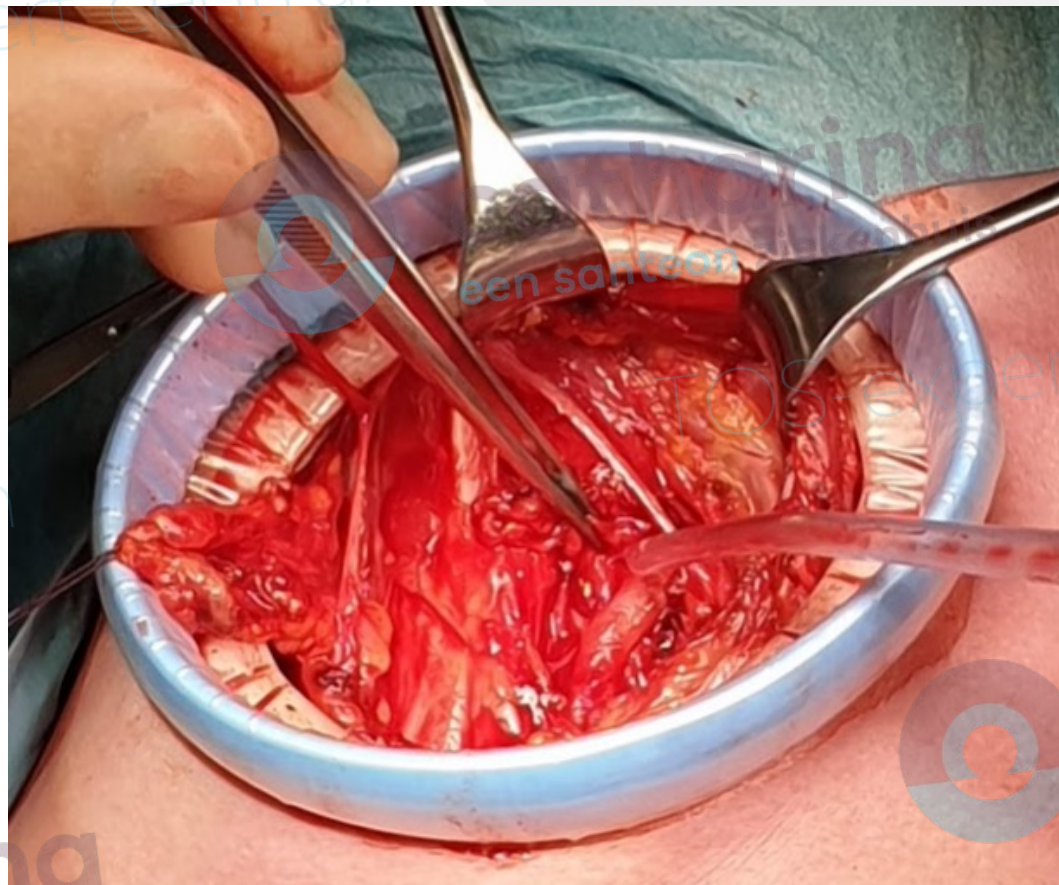
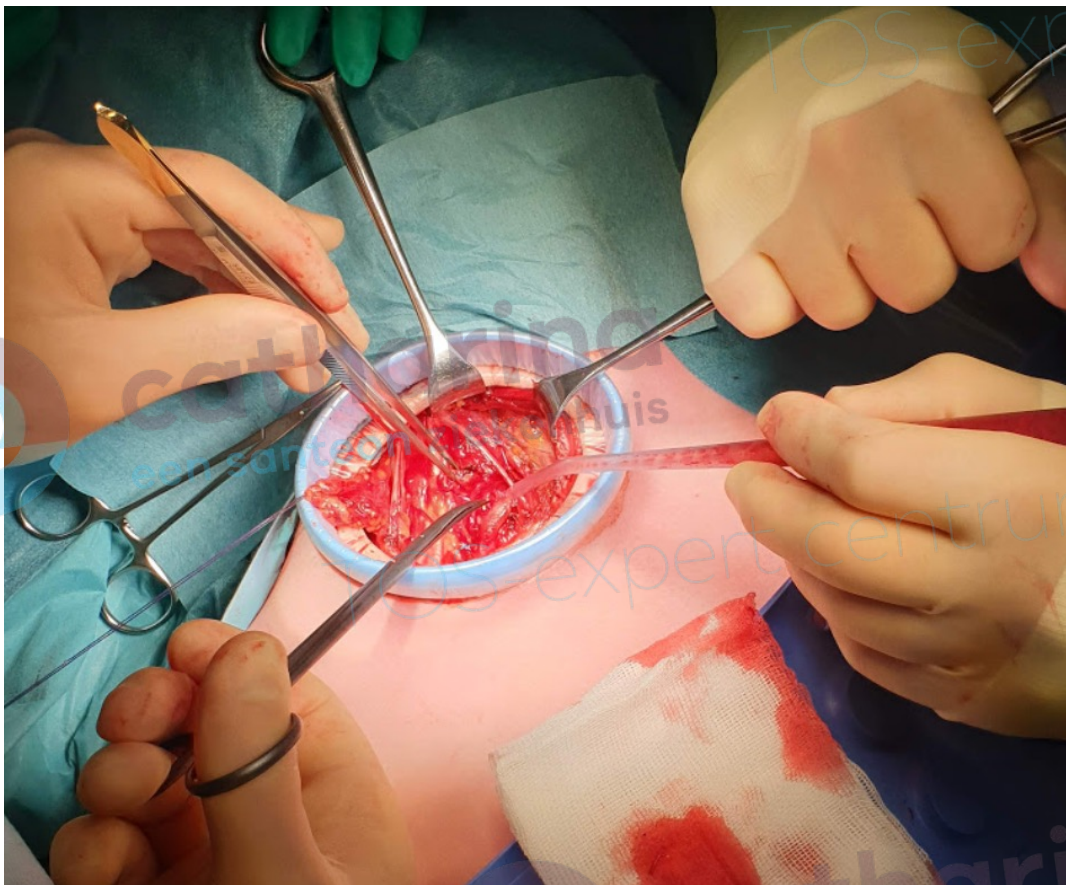
## Recidief SC TOD voor NTOS



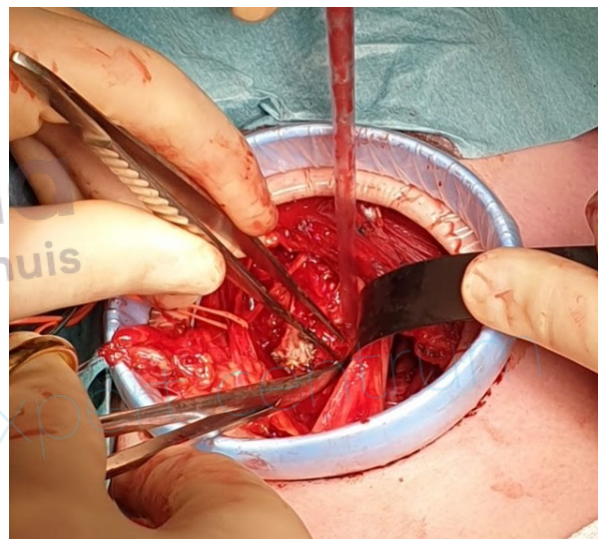
## Recidief SC TOD voor NTOS



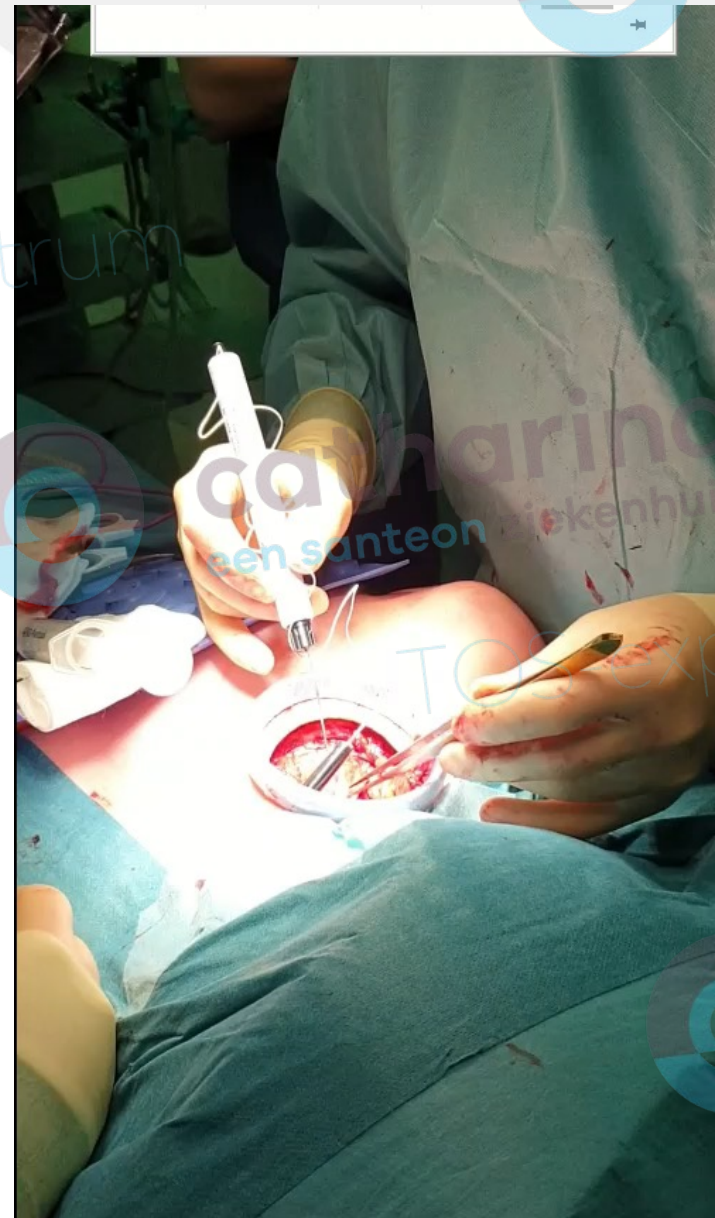
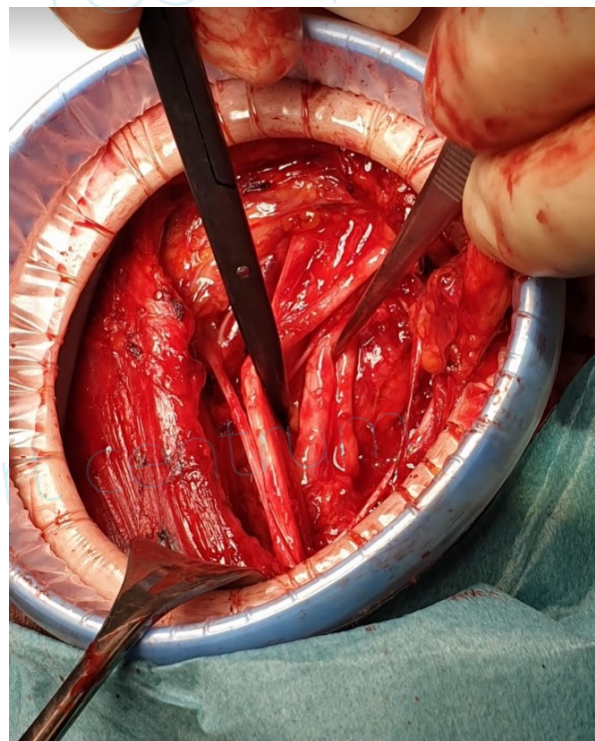
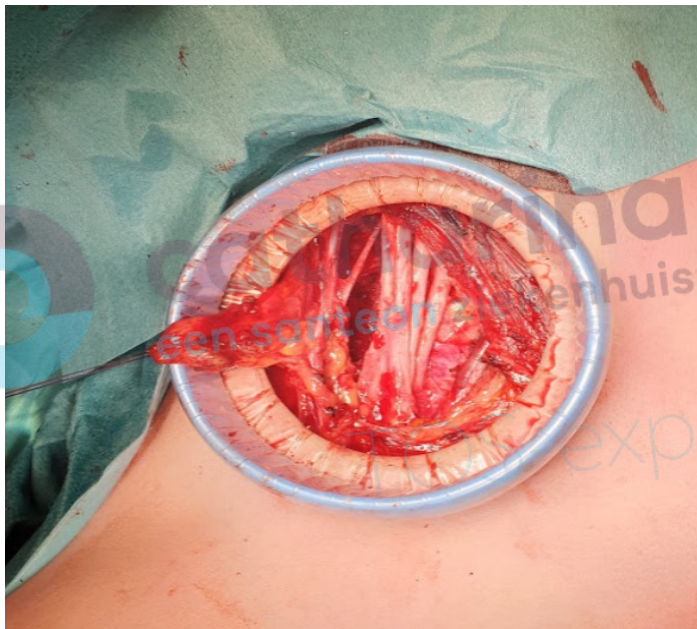
## Recidief SC TOD voor NTOS



## Recidief SC TOD voor NTOS



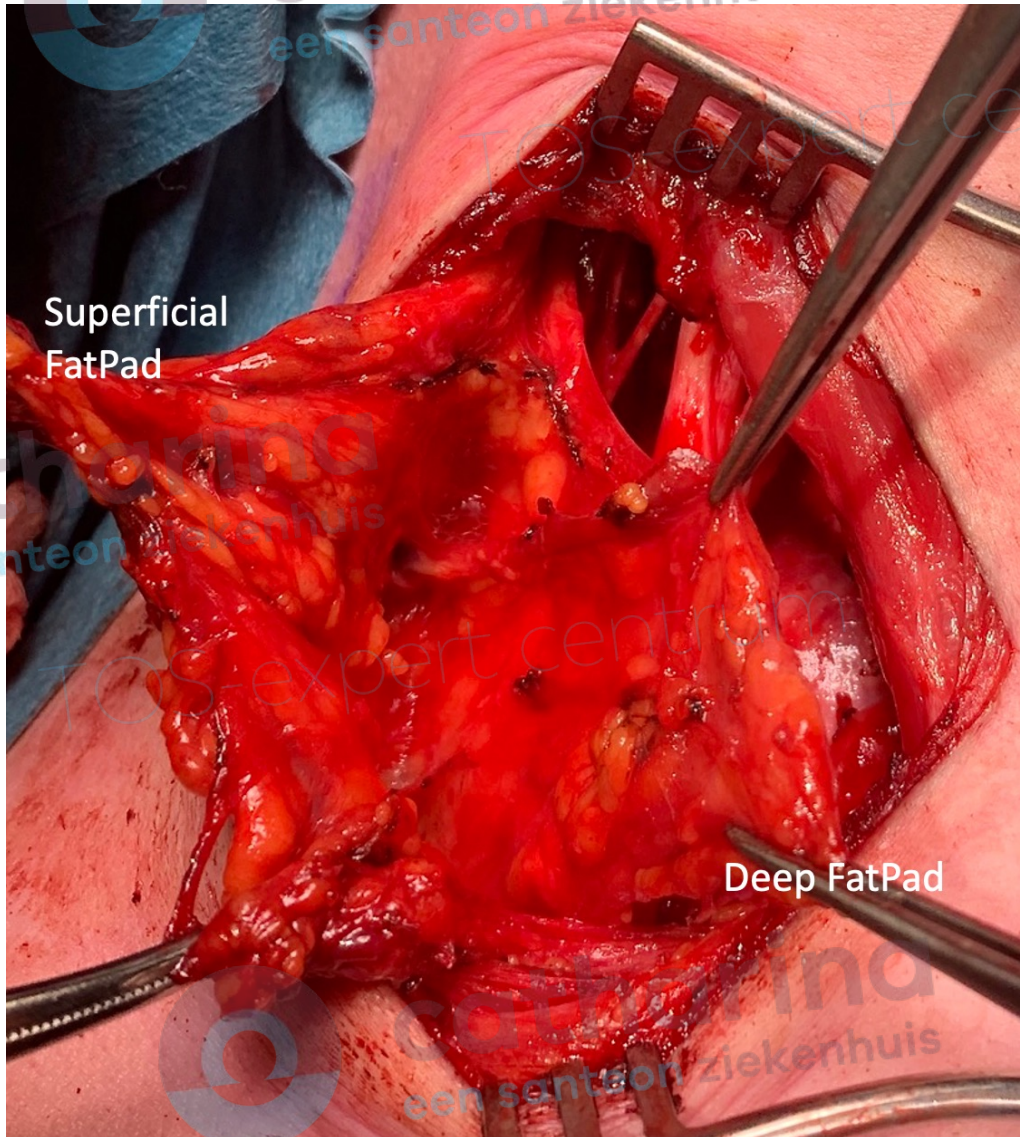
## Recidief SC TOD voor NTOS



**catharina**  
een santeon ziekenhuis

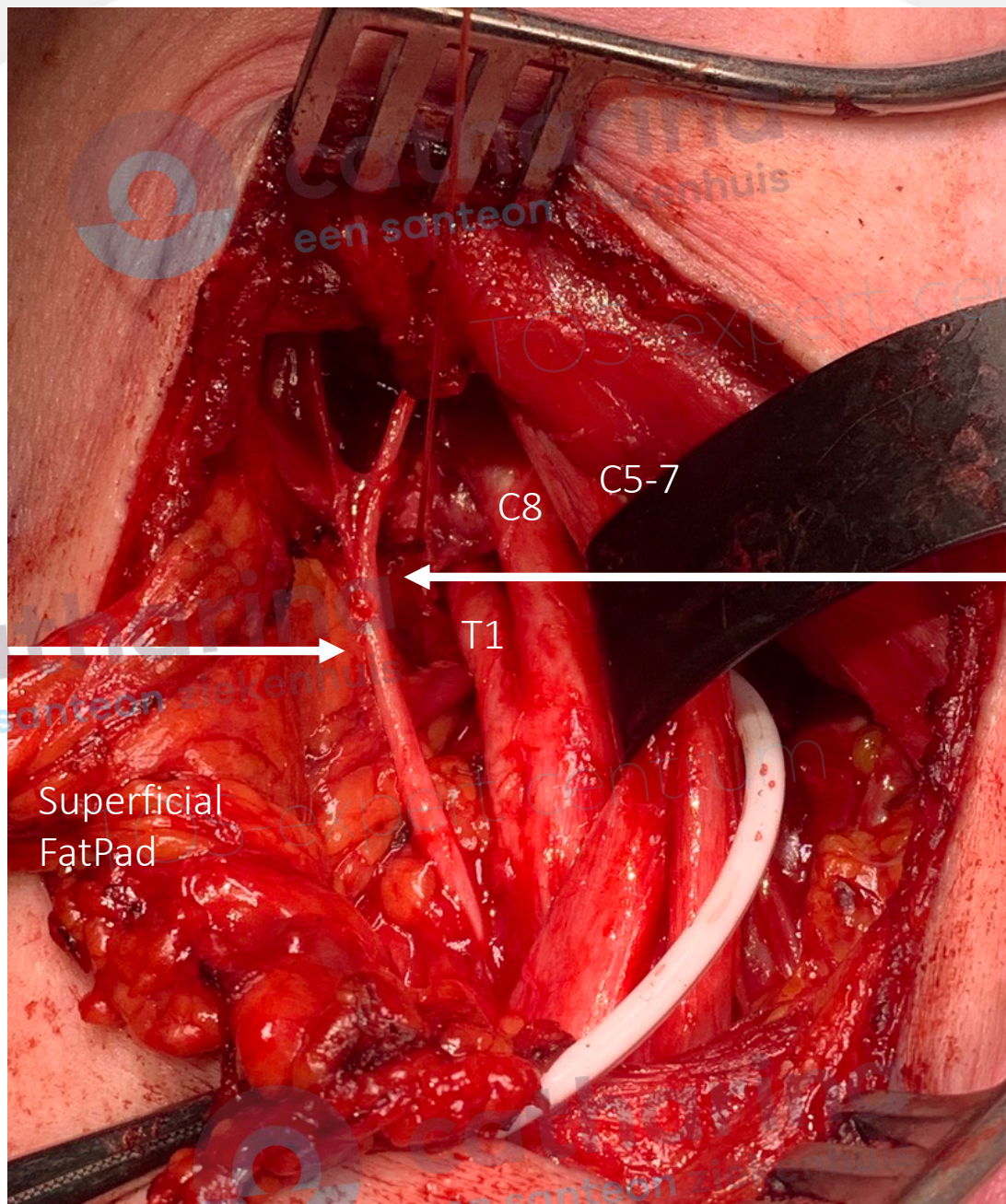


## Recidief SC TOD voor NTOS



## SC redo TOD

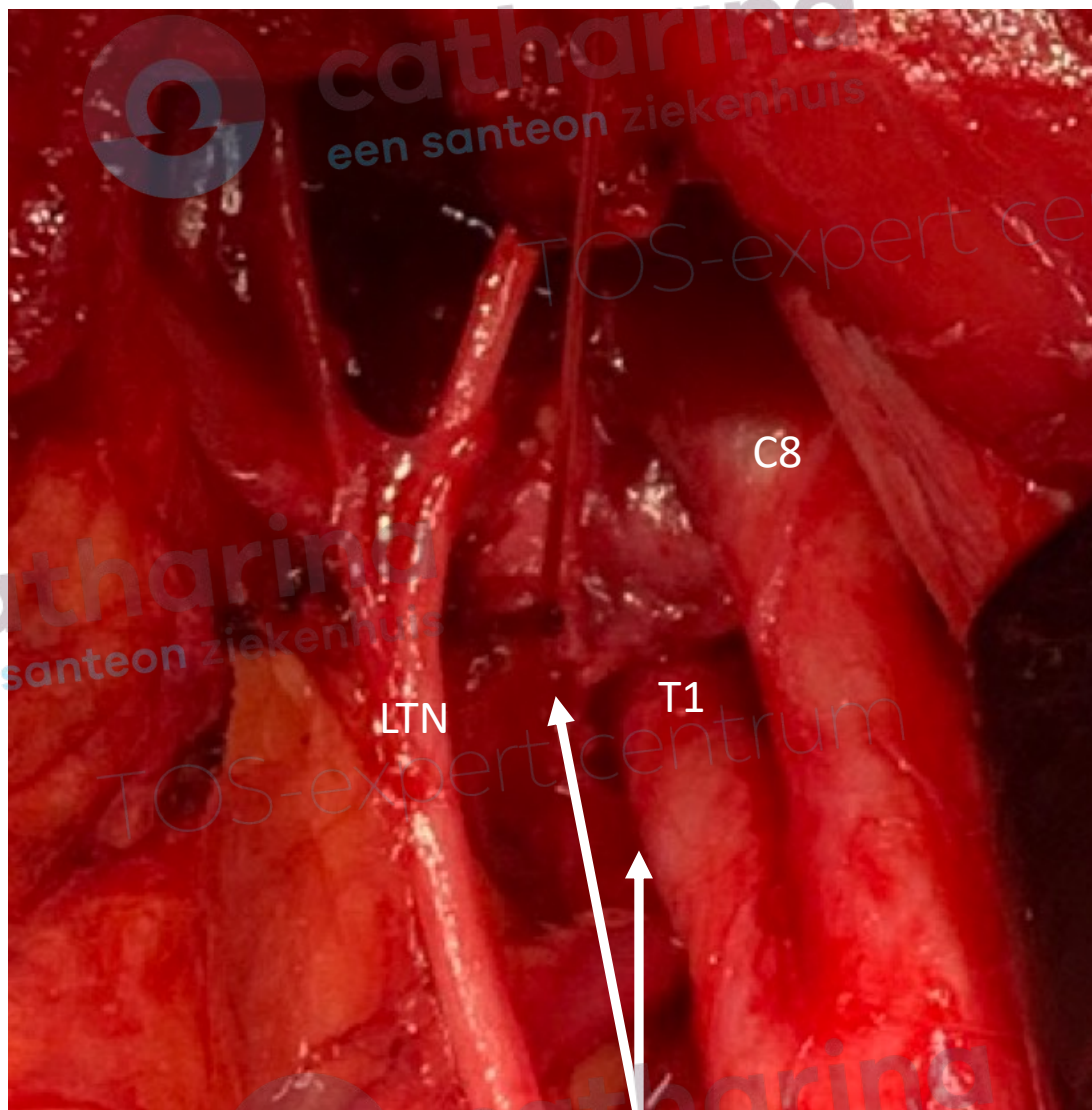
Division of fatpad at level of omohyoid muscle



## SC redo TOD

Securing deep fatpad  
below level T1

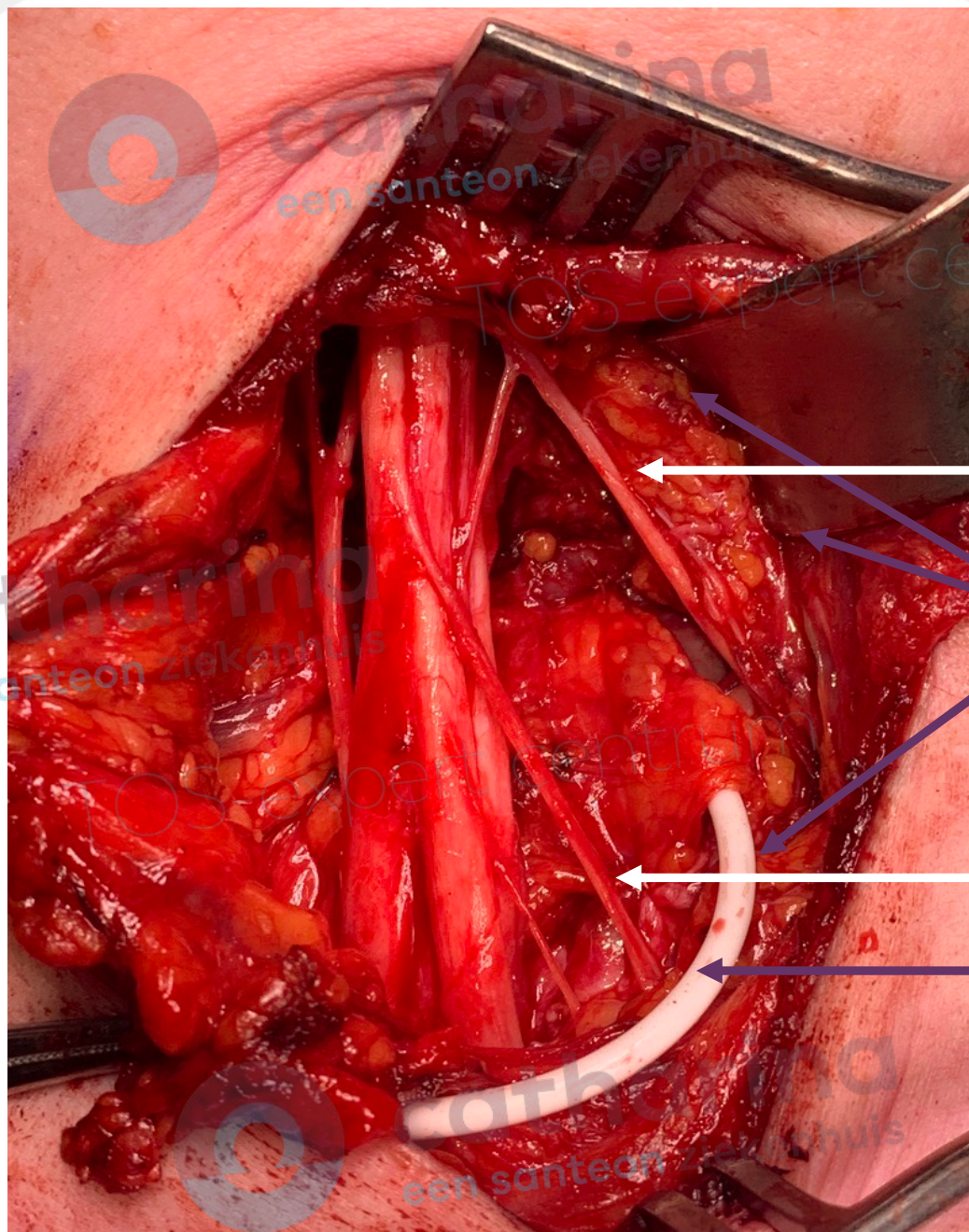
Secured Deep FatPad  
below and around T1



## SC redo TOD

Securing deep fatpad  
below level T1

Secured Deep FatPad  
below and around T1



## SC redo TOD

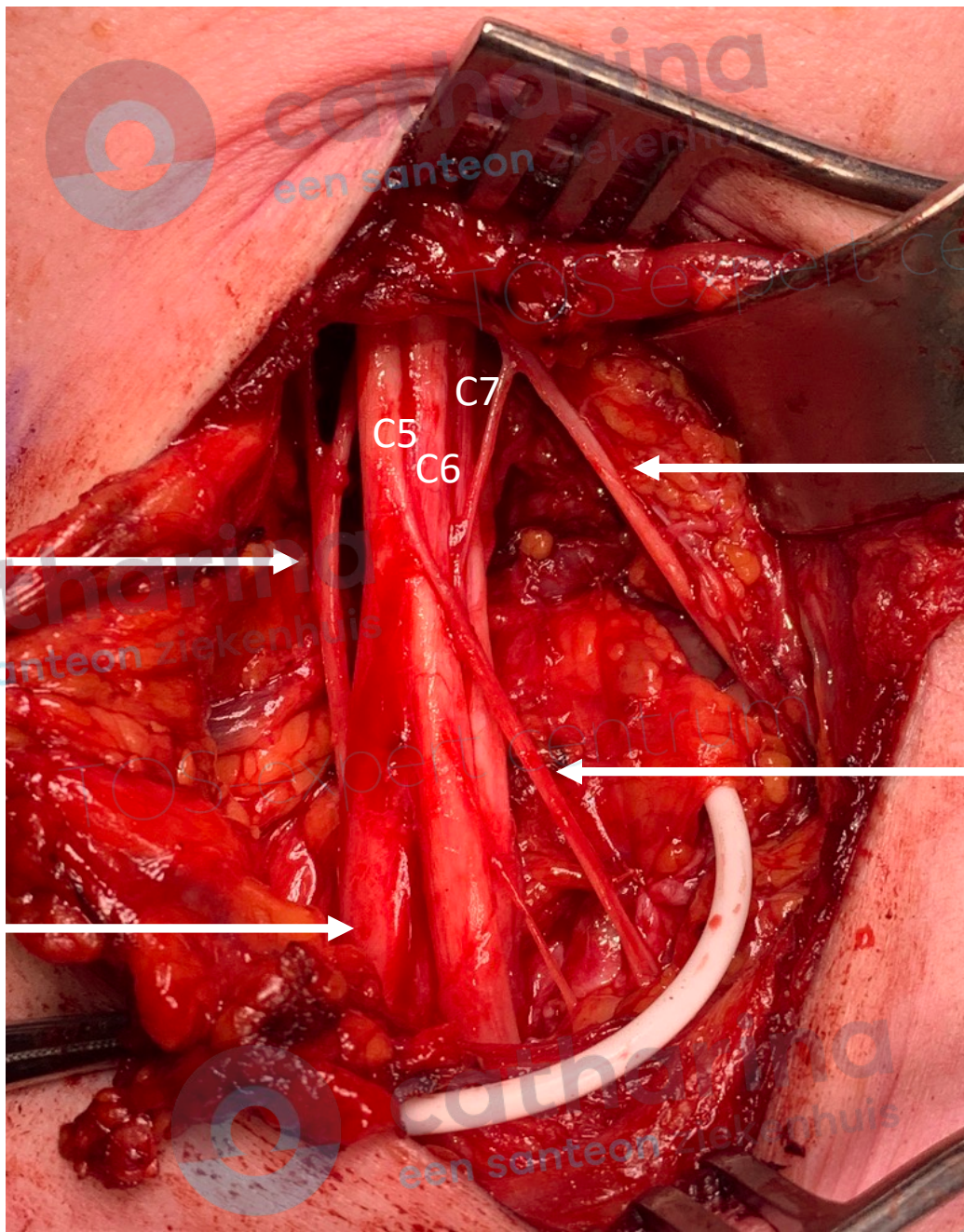
Securing medial  
border deep fatpad

phrenic nerve

secured  
suprapleural deep  
FatPad

acc. phrenic nerve

pleuracath



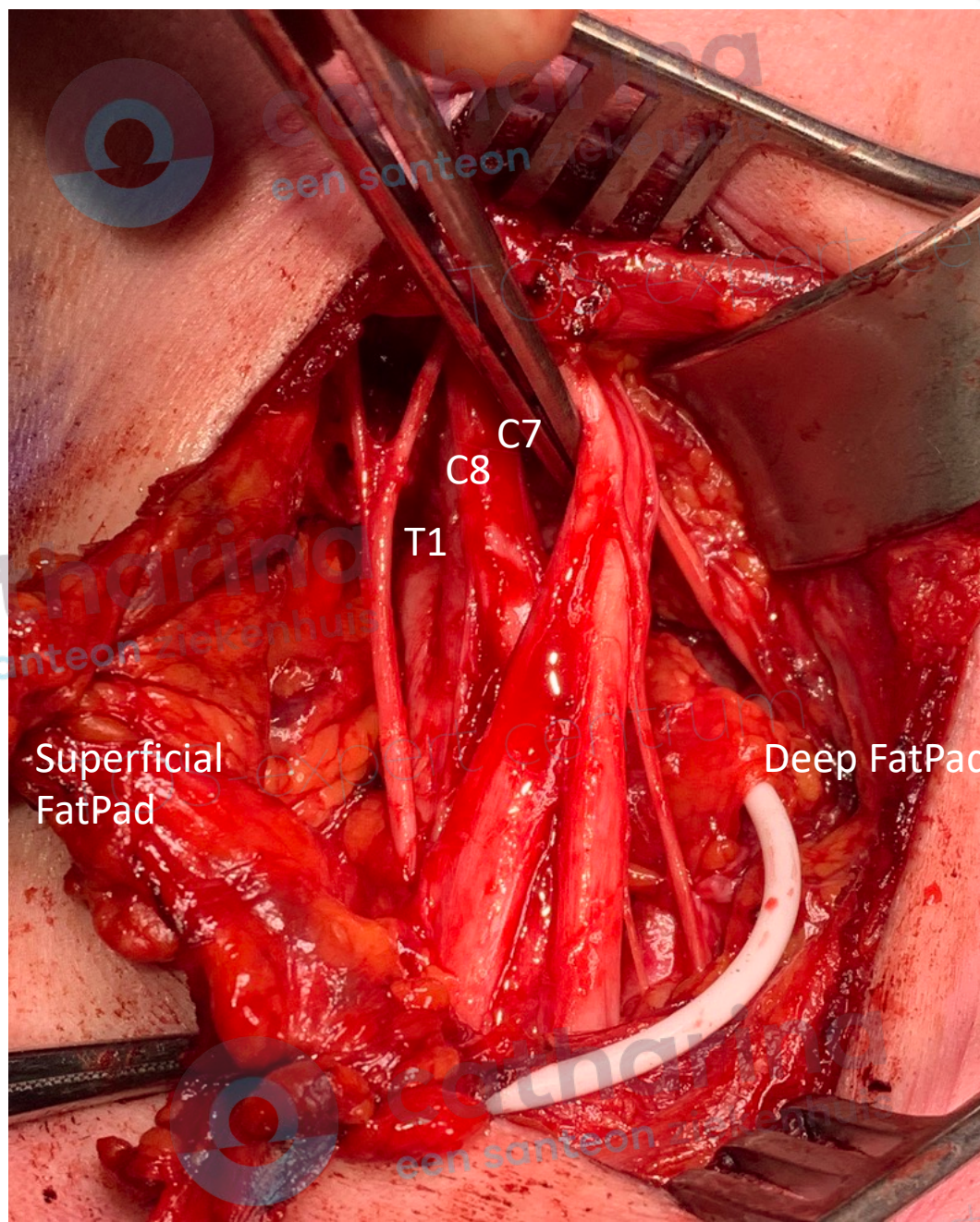
long thoracic  
nerve

suprascapular  
nerve

phrenic nerve

acc. phrenic nerve

SC redo TOD

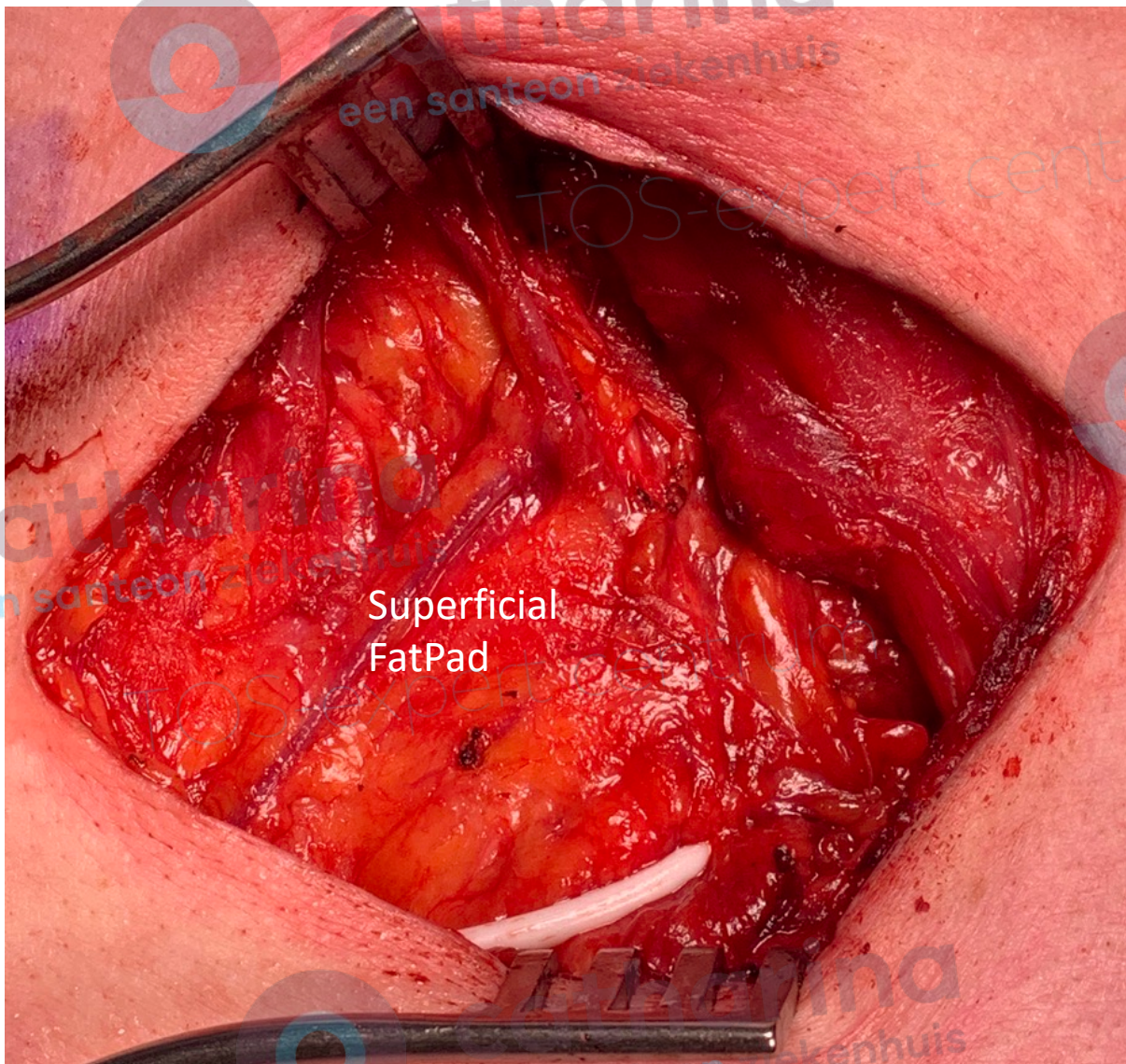


SC redo TOD

catharina  
een santeon ziekenhuis

TOS-expert centrum

catharina  
een santeon ziekenhuis



SC redo TOD



Met dank aan:

**catharina**  
een santeon ziekenhuis

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Ruud Vorstenbosch – Krijnen Medical / Sunoptic

CZE

Roel Rambags, Eveline vd Ven, Bas Smits



**catharina**  
een santeon ziekenhuis